

Spring Issue 2019

VOM

magazine

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WELCOME *from the* Board of Directors

Welcome to the Veterans Outreach Ministries Spring edition of the 2019 VOM News Magazine publication featuring articles about the Veterans of the Quarter (male and female), Business of the Quarter, Recipes, Health & Wellness plus Spiritual Messages and Patriotism. Each member of the Board of Directors and/or volunteers have offered prayers for another successful News Magazine edition. As we successfully transition from winter, (cold weather and heating bills) to spring (cooler weather).

At this time we must remind ourselves that the Lord is still in command and is responsible for the change of seasons and everything around this change. As we reflect on our relationship with God and we pray for his understanding and guidance, which can be accomplished by Bible Study, Prayer Time, Worship and Fellowship at the Church of your choice, or one that you feel comfortable at. Matthew 7.7 and 7.8 bible verses say “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened”. With these verses you can feel a very powerful force for healing and of self-reflection for building a everlasting relationship with God our Father.

We should also say a prayer for the safety of all U.S. military forces that are located at home and throughout the world, saying “THANK YOU”. A Veterans Prayer which includes all military forces that are coming home from deployment and/or those being deployed. The Veterans Prayer for our troops is: “We honor our Veteran’s, worthy men and women who gave their best when they were called upon to serve and protect their country. We pray that you will bless them, Lord, for their unselfish service in the continual struggle to preserve our freedoms, our safety, and our country’s heritage, for all of us. Bless them abundantly for the hardships they faced, for the sacrifices they have made, for the many contributions to Americas victories over tyranny and oppression. In Jesus’ precious name we pray. AMEN

In the VOM 2019 News Magazine publications, we welcome articles, upcoming events and information about services to inspire veterans and their families. We also welcome suggestions that will help improve this VOM News Magazine. Veteran’s Outreach Ministries, located in the Bear-Glasgow area, was incorporated in Delaware in July 2014 by veterans to be a resource to veterans and their families. VOM is a 501 (C) (3) non-profit corporation.



**VETERAN'S OUTREACH
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Cucumber Sandwiches by www.SpendwithPennies.com

Cucumber Sandwiches

MAKES: 30 tea sandwiches **TOTAL TIME:** 15 minutes

INGREDIENTS:

- 8 oz cream cheese softened
- 3 tablespoons mayonnaise
- 2 teaspoons chopped fresh dill
- 1 teaspoon chopped fresh chives
- 1/4 teaspoon garlic powder
- salt & pepper to taste
- 1 long English cucumber thinly sliced
- 1 loaf sliced bread crusts removed

INSTRUCTIONS:

- 1** With a hand mixer mix cream cheese and mayonnaise in a small bowl until smooth. Stir in herbs, garlic powder and salt and pepper to taste.
- 2** Spread bread slices with cream cheese mixture.
- 3** Thinly slice cucumbers. Layer over half of the bread slices. Top with additional herbs if desired.
- 4** Top with remaining bread slice, remove crusts if desired and cut each sandwich into 3 pieces.
- 5** Serve immediately or cover and store up to 24 hours.

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By Annalisa C.
Underwood For
Navy Live, Oct 2014

The POW/MIA Table

A Setting for One, A Table for All

If you've ever been to a military ball, stepped inside a chow hall, or attended an event at a military veterans association in your local community, you've likely noticed the small, round table that is always set but never occupied—the prisoners of war/missing in action (POW/MIA) table.

The tradition of setting a separate table in honor of our prisoners of war and missing comrades has been in place since the end of the Vietnam War. The manner in which this table is decorated is full of special symbols to help us remember our brothers and sisters in arms.

The POW/MIA table is smaller than the others, symbolizing the frailty of one prisoner alone against his or her oppressors. This table is separate from the others and can be set for one to four place settings to represent each service participating in the event.

The significance of the POW/MIA table is called to attention during the toast of the evening. This is an important part of many military banquets to remind us that the strength of those who fight for our country often times rests in the traditions that are upheld today.

As we celebrate the Navy's birthday this week and you find yourself at one of the many birthday events that will take place around the world, take the time to reflect on why that small, lone table is there and raise a glass for our fallen comrades.

What to Include:

The **white tablecloth** draped over the table represents the purity of their response to our country's call to arms.

The **empty chair** depicts an unknown face, representing no specific Soldier, Sailor, Airman, or Marine, but all who are not here with us.

The **table itself** is round to show that our concern for them is never ending.

The **Bible** represents faith in a higher power and the pledge to our country, founded as one nation under God.

The **black napkin** stands for the emptiness these warriors have left in the hearts of their families and friends. A Purple Heart medal can be pinned to the napkin.

The **single red rose** reminds us of their families and loved ones. The red ribbon represents the love of our country, which inspired them to answer the nation's call.

The **yellow candle** and its **yellow ribbon** symbolize the everlasting hope for a joyous reunion with those yet accounted for.

The **slices of lemon** on the bread plate remind us of their bitter fate.

The **salt upon the bread plate** represent the tears of their families.

The **wine glass**, turned upside down, reminds us that our distinguished comrades cannot be with us to drink a toast or join in the festivities of the evening.



Molly
Pitcher

Series Part 1 of 4

Women in the Military

A Series by Lishamarie Hunter

This is the first in a four part series highlighting females accomplishments and the evolution of their services to the country and military. I am Lishamarie Hunter, I am a retired veteran. I spent 25 years in the Army as an Ordnance soldier.

2019 begins with a historical number of women being voted into office so maybe this is a good time to discover how influential women have been in the creation of our democracy. Women have been present on the battlefields since the revolutionary war.

Listed below is a rough timeline of historical advancements for women laying the foundation of what we see within our military, as women take on more roles within the institutions that protect and preserve our democracy.

1775-1783

During the Revolutionary War, women follow their husbands to war out of necessity. Many serve in military camps as laundresses, cooks, and nurses but only with permission from the commanding officers and only if they proved they were helpful.

1782-1783

Deborah Sampson serves for over a year in General Washington's army disguised as a man. After being wounded, her gender is discovered and she is honorably discharged. Later, she receives a military pension from the Continental Congress.

Deborah Sampson Gannett, better known as Deborah Samson or Deborah Sampson, was a Massachusetts woman who disguised herself as a man in order to serve in the Continental Army during the American Revolutionary War. She is one of a small number of women with a documented record of military combat service.



Deborah
Sampson

Molly Pitcher, folk hero or legend? The story goes that Molly Pitcher was believed to have been Mary Ludwig Hays, born circa October 13, 1754, near Trenton, New Jersey. During the American Revolutionary War's Battle of Monmouth, she carried pitchers of water to soldiers, thereby earning her nickname.

After her husband collapsed during the battle, she took over the operation of his cannon. Honored in 1822 for her bravery, she died in Carlisle, Pennsylvania, on January 22, 1832.

There are many other women who also volunteered their service during the American Revolution and whose lives may have contributed to the legend of Molly Pitcher.

1812

During the War of 1812, two women, Mary Marshall and Mary Allen, serve as nurses for several months aboard the USS United States at the request of Commodore Stephen Decatur.

1846-1848

During the Mexican War, Elizabeth Newcom enlists in the Missouri Volunteer Infantry as Bill Newcom and marches 600 miles to winter camp in Colorado before being discovered and discharged.

1861-1865

During the American Civil War, women serve as matrons (administrators) of hospitals as well as nurses and cooks in both Union and Confederate battlefield hospitals. Wealthy women help fund permanent hospitals. Dr. Mary Walker becomes the only woman to receive the Medal of Honor, the nation's highest military honor. Women also serve as spies and some, disguised as men, serve as soldiers.

In September 1863, Dr. Walker obtained employment with the War Department, like many male physicians, as a "Contract Acting Assistant Surgeon" - equivalent in pay and authority to a lieutenant or captain depending on length of service and experience. While assigned to the U.S. Army of the Cumberland medical department, and briefly replacing the regimental surgeon of the 52d Ohio Infantry, Mary conspicuously dressed in a modified uniform of her own design: a blue dress resembling an officer's frock coat, blue trousers with gold piping on the seam, felt hat, and the green sash of a surgeon.

Captured by Confederates in April 1864, she spent four months as a prisoner of war before she and other Union doctors were exchanged for Confederate medical officers.

On her return, the War Department assigned Mary as medical director in a hospital for women

prisoners in Louisville, Kentucky, until she left government employment. Commended by Major Generals William T. Sherman and George H. Thomas for meritorious service, President Andrew Johnson awarded her the Medal of Honor on November 11, 1865. The only woman to ever be awarded the Medal of Honor.

1898

During the Spanish-American War, 1,500 civilian women serve as nurses assigned to Army hospitals in the U.S. Hundreds more serve as support staff, spies, and a few disguise themselves as men to serve in the military.

1917-1918

During last two years of World War I, women are allowed to join the military. 33,000 women serve as nurses and support staff officially in the military and more than 400 nurses die in the line of duty.

1941-1945

During World War II, more than 400,000 women serve at home and abroad as mechanics, ambulance drivers, pilots, administrators, nurses, and in other non-combat roles. Women in the Second World War took on many different roles during the War, including as combatants and workers on the home front.

The Second World War involved global conflict on an unprecedented scale; the absolute urgency of mobilizing the entire population made the expansion of the role of women inevitable, although the particular roles varied from country to country. Millions of women of various ages died as a result of the war.

1948

Eighty eight women are captured and held as POWs (prisoners of war) Congress passes the Women's Armed Services Integration Act granting women permanent status in the military subject to military authority and regulations and entitled to veterans benefits.

1950-1953

During the Korean War, over 50,000 women serve at home and abroad. 500 Army nurses serve in combat zones and many Navy nurses serve on hospital ships.

WHAT'S NEXT

Part 2 of this series (Summer 2019) will concentrate on the Vietnam war, Desert Storm, Iraq and Afghanistan.

The Story of Taps



*Article by U.S. Department of
Veterans Affairs. Photo by William
Thomas Cain/Getty Images*

The 24-note melancholy bugle call known as “taps” is thought to be a revision of a French bugle signal, called “tattoo,” that notified soldiers to cease an evening’s drinking and return to their garrisons. It was sounded an hour before the final bugle call to end the day by extinguishing fires and lights. The last five measures of the tattoo resemble taps.

The word “taps” is an alteration of the obsolete word “taptoe,” derived from the Dutch “taptoe.” Taptoe was the command — “Tap toe!” — to shut (“toe to”) the “tap” of a keg.

The revision that gave us present-day taps was made during America’s Civil War by Union Gen. Daniel Adams Butterfield, heading a brigade camped at Harrison Landing, Va., near Richmond. Up to that time, the U.S. Army’s infantry call to end the day was the French final call, “L’Extinction des feux.” Gen. Butterfield decided the “lights out” music was too formal to signal the day’s end. One day in July 1862 he recalled the tattoo music and hummed a version of it to an aide, who wrote it down in music.

Butterfield then asked the brigade bugler, Oliver W. Norton, to play the notes and, after listening, lengthened and shortened them while

keeping his original melody.

He ordered Norton to play this new call at the end of each day thereafter, instead of the regulation call. The music was heard and appreciated by other brigades, who asked for copies and adopted this bugle call. It was even adopted by Confederate buglers. This music was made the official Army bugle call after the war, but not given the name “taps” until 1874.

The first time taps was played at a military funeral may also have been in Virginia soon after Butterfield composed it. Union Capt. John Tidball, head of an artillery battery, ordered it played for the burial of a cannoner killed in action. Not wanting to reveal the battery’s position in the woods to the enemy nearby, Tidball substituted taps for the traditional three rifle volleys fired over the grave.

Taps was played at the funeral of Confederate Gen. Stonewall Jackson 10 months after it was composed. Army infantry regulations by 1891 required taps to be played at military funeral ceremonies. Taps now is played by the military at burial and memorial services, to accompany the lowering of the flag and to signal the “lights out” command at day’s end.

45 WAYS TO HONOR A VET

Following is a list of 45 things you can do to honor a Veteran, developed by the Behavioral Health staff at the Spokane VA Medical Center. Our Veterans selflessly serve our Country for our freedom. Let's not take this lightly. Honor our Veterans any day of the year by picking one of this suggestions. But most of all, let our Veterans know how much they mean to you.

1. Attend a Veteran's Day event.
2. Ask a Veteran about their time in the military, and really listen to the answer.
3. Hang a flag in your yard.
4. Ask an aging Veteran to share with you the song that most takes them back.
5. Visit the gravesite of a Veteran.
6. Visit a homebound Veteran in their home, talk with them, and thank them for their service.
7. Visit a homeless Veteran under a bridge, and do the same.
8. Take a Veteran out to dinner.
9. Take dinner in to a Veteran.
10. Tell someone (your family, a friend, a neighbor) about an experience you had serving a Veteran at the VA.
11. Take flowers to a Veterans memorial.
12. Write and send a letter to someone who's currently serving in the military.
13. Ask a neighbor about their deployment.
14. Call a Veteran family member.
15. Thank a Veteran co-worker for their service.
16. Take a private moment to be proud of your country.
17. Teach someone (a child, a friend, a neighbor) what it means to be a Veteran.
18. Share pictures of a Veteran with someone.
19. Say a silent prayer for those who are serving.
20. Learn about a current or past war/conflict (this will make you a better helper).
21. Look up your ancestry and learn about someone in your family who was a Veteran.
22. Hug your family, and tell them that it's thanks to Veterans that you get to.
23. Buy a homeless Veteran a cup of coffee.

Continues on Page 9...

Days to Display the Flag

Holidays to Display Flag

February - April 2019 Spring Issue

- Lincoln's Birthday - February 12
- George Washington's Birthday Observed (Presidents Day) - February 18
- National Vietnam War Veteran's Day - March 29
- Easter Sunday - April 21

And such other days as may be proclaimed by the President of the United States

Non Flag Display Days (for information only)

- National Freedom Day - February 1
- Groundhog Day - February 2
- Boy Scouts of America Founded - February 8, 1910
- Saint Valentine's Day - February 14
- Washington's Birthday - February 22
- Asiatic Fleet Memorial Day - March 1
- "Star Spangled Banner" made U.S. National Anthem - March 3, 1931
- Shrove Tuesday - March 5
- Ash Wednesday - March 6
- Daylight Savings Time Begins (set clocks ahead one hour) - March 10
- Girl Scouts of America Founded - March 12, 1912
- Saint Patrick's Day - March 17
- Iraq War Began - March 19, 2003
- Spring Begins - March 20
- Kosovo Campaign Begins - March 24, 1999
- Somalia Campaign Ends - March 31, 1995
- April Fool's Day - April 1
- Army Day - April 6
- National Formal POW Recognition Day - April 9
- Persian Gulf War Official Cease Fire - April 11, 1991
- Palm Sunday - April 14
- Income Tax Day - April 15
- Good Friday, Passover Begins - April 19
- Earth Day - April 22
- Administrative Professionals Day - April 24
- Arbor Day - April 26
- Orthodox Easter - April 28



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45 Ways to Thank a Veteran

Continued from page 8...

24. Observe a moment of silence with family and friends.
25. Read something a Veteran wrote about their experience.
26. Wear your favorite "Pro-Vet" T-Shirt. (Examples: Free Hugs for Vets; Remember Our Fallen Veterans; Freedom is not FREE...; Thank a VETERAN; I Heart Veterans!).
27. Buy a Buddy Poppy. Wear it all day, attach it to your purse or bag and keep it there until it falls apart. When people ask what it is, tell them.
28. Read and share the poem "In Flanders Field the poppies grow".
29. Make sure your children and grandchildren know who the Veterans are within their own family, and share the family stories with them.
30. Do a project about Veterans with young children or grandchildren. For example, let them make their own Veteran flag and plant it in a pot of flowers in front of the house.
31. Write on your blog about your appreciation for Veterans.
32. Help young children or grandchildren make a thank you card, and post them in the window or at a grocery store bulletin board or library or some other public place.
33. (Good for any day:) Stand out in front of the VA greet Veterans as they are being dropped off at the door. Some older folks even need a hand getting out of the car.
34. Tell a loved one about serving Veterans.
35. Donate time or money or supplies to local Veterans Day drives.
36. Volunteer to help a Veteran's Service Organization (there are lots!).
37. Take a moment to reflect on what it means to live in America.
38. Gather with friends and family and watch a patriotic movie.
39. Go to a Veterans Day parade.
40. Write in your journal how thankful you are for the service of Veterans.
41. Take a quiet moment and imagine hearing "taps" played in your head. [See page 7.](#)
42. Thank a Veteran of his/her service while doing errands.
43. Shake a Veteran's hand.
44. Send an email that tells a Veteran's story to the people on your contact list.
45. Pick one or two of the activities listed above, and resolve to do them at least 1 time every month this year when it's NOT Veteran's Day.



ELM Properties Veterans Housing

by **Evette Morrow of**
Elm Properties, Wilmington De

What veterans housing concerns are facing our returning, retired, injured and honored Veterans? What are their needs where housing is concerned? With a multitude of services and organizations available to help, the main focus should be matching the Veteran with the service they require. Veteran's Outreach Ministries (VOM) is available and eager to meet with any Veteran to ascertain their need, and put them in touch with resources and available services and programs. Housing has been a major focus for Homeless and Transitional Veterans. Not all Veterans are in the same place when it comes to their housing needs. Would they benefit from a stable temporary shelter, long term or permanent housing or simply an awareness of services and benefits available to



them for service to their country. Perhaps the Veteran is even ready to purchase a home and take advantage of the 100% financing options offered by most lenders.

Veteran's Outreach Ministry understands the possible hurdles to achieving and maintaining safe and stable housing. The VOM team can help determine what programs you qualify for not to mention offer support, direction and resources for the problems that may be keeping a Veteran from the home they need, such as:

- **Mental Health or Medical issues**
- **Income Stability**
- **Legal and Family Matters**
- **Transportation**
- **Spiritual Guidance**
- **Societal Integration**
- **Counseling Needs**

Contact Tom Hogate of Veteran's Outreach Ministries at 302-229-1819, and we'll be there for you or your Veteran friend or family member.

We at Elm Properties thank you for your Service!

Roll Out STRESS & TENSION

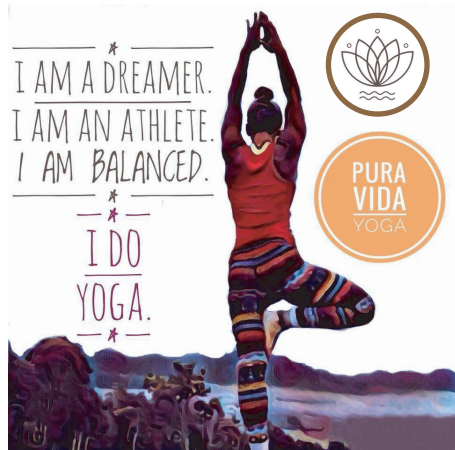
By: Rebecca Rondone
Owner of Pura Vida Yoga
& Physical Training

Ever feel tight in your shoulder, lower back, or even have stiff feet or hands? Or possibly suffer from arthritis, fibromyalgia, or an auto immune. The power and beauty of rolling with self cannot be captured in words really.

Grab a tennis ball, bouncy ball, or even some marbles and try. You will find myofascial release, compression therapy, core strengthening, self massage and relaxation all Rolled Up into this.

It reeducates muscles and stimulates bone, creating positive, permanent changes in your body. The final result is visibly longer, sleeker muscle and the experience of increased range of motion and flexibility.

The connection begins at the superficial level, where the balls, your body (the skin in particular), and the floor meet. This action stimulates sensory



input to the nervous system, preparing the connection between body and mind.

Next, you breathe in (creating tension and compression) and then, out (releasing tension, allowing the body 'drop', stretch, relax to the floor); with this, another level of awakening occurs. This is the exact moment of mind-body connection.

A series of internal events begin to click off like a domino effect... fascia stretches, blood and lymph move, synapses fire, the parasympathetic nervous system (rest & digest) kicks in and we are free. A brief, yet absolutely delicious freedom in the body is experienced.

Mold this self care practice to yourself. You can choose the pressure, ball, and time rolling.

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FEMALE

VETERAN of the Quarter

Mary Kay Herrick

I joined the Navy to do my part for my country, and to see the world. I wanted to go to college, but I needed time. I didn't know what I wanted to major in. I had also just returned from a graduation trip to England with my Grandmother, and I knew that I wanted to see more. The Navy seemed the perfect branch of service to me.

I enlisted under the buddy system, with a great friend from High School whom I recruited to join me in the Navy. We went to boot camp together in Orlando, FL. When I signed up, I got stationed in California. Lemoore, California to be exact, right in the middle of the San Joaquin Valley! Miles of cotton fields in every direction, with no ocean in sight!

My goal was to become an Air Traffic Controller. I passed all the tests, but I just couldn't stand the extensive eye examinations. I was advised that the testing would have to be completed every year and at that point, I decided Air Traffic control was not for me. So, I changed my designation and had to strike for another one.

The only plus for me at that time, was that the buddy system was still holding strong, and my friend was stationed with me. We were not in the same squadron, but we were on the same base. I was attached to VFA-125 the training squadron the F/A-18 Hornet. VFA-125 was unique because it was a combined Navy and Marine Corp Squadron commissioned to train pilots for both branches of service. We even trained the Blue Angels. I spent my entire 4 years of active duty at NAS Lemoore with VFA-125, my squadron was my family.

My initial assignment was Maintenance Control, it is the center of the Squadron. I loved it! I became an Aviation Administrationman (AZ). I specialized in aircraft weight and balance, logs and records, technical manuals, and data analysis. While I was on active duty, I attended college part time and completed an Associates in Liberal Arts from College of the Sequoias.

After my four years on active duty, I transitioned to the Active Naval Reserves and continued to drill at Lemoore until I enrolled in Penn State. While there, I drilled at the Valley Forge Reserve



Center. I would fly out of Buffalo, NY to Valley Forge once a month.

During summer break, I would do active duty in Washington DC as the Captain's Aid. After graduation with a Bachelor's degree in Communications, I moved back to California and joined Cisco Systems, doing Marketing Communications and later rolling out a technical training program for the North American sales force as Operations Manager for US Channel Sales. I continued to drill, this time, at Moffitt Field. I was very fortunate to attend more Navy Training schools during this time in Memphis, TN, and Miramar, CA.

I drilled at Moffitt Field until they closed the base. The military was downsizing and I was offered the chance to drill at Whidbey Island in Washington State in a lower grade billet. I chose to get out of the Navy and concentrate on having a family and my career at Cisco Systems. The Navy was a big part of my life and I loved being part of it.

I worked at Cisco until I had my second child. Then I left to be a stay at home Mom. We moved back east to Pennsylvania, bought a horse farm and operated a horse boarding facility in Butler, PA. We moved to Elkton, MD to be closer to my Mother.

I worked at Union Hospital before coming to work at the Elkton Vet Center as the Office Manager. As the Office Manager, I ensure that the Vet Center has lights and heat etc. I also make sure that it is a welcoming place where Veterans can come heal. I love supporting Veterans!

— MALE —

VETERAN of the Quarter

Colin Diggs

I've lived in New York almost my entire life. Graduated from Hempstead High School in 1967 and shortly after visited the Draft Board to secure my Draft Card. The Vietnam war was well in stride and the draft was equally in stride. One of my brothers was serving in the Army in Vietnam and I chose to enter college. I was an awful student and I didn't like school except for math and science. I attended Farmingdale College for engineering and science. What a great time I had and bonded with a great group of classmates in the same situation.

In 1968 I left college and secured a job with the Long Island Lighting Company, which supplied electricity and natural gas to Long Island. Awesome! Next, I purchased a 1965 Dodge Coronet convertible at an auction for \$515.00. Life is GOOD! Then the Draft Notice arrived. It never comes at a wanted moment. The wind in my sail decreased. A bit of urgency set in. Now what! My initial thought was to join the Navy. As a boy, when my friends were in the Boy Scouts, my brother and I were in the Sea Cadets. The Navy seemed like the right choice. It turned out that the Air Force was available for enlistment immediately and the Navy was not. I have no regrets that it turned out that way.

I entered the U.S.A.F. and was shipped out to Lackland Air Force Base in San Antonio, Texas. It was my first plane ride. Wow, what a great experience. OK, Here comes the part where I loved my Air Force experience:

1. We had air conditioned barracks with a built-in chow hall. Having come from a large family, we had no a/c and no heat in our upstairs bedrooms.

2 The fried shrimp was great!

Now, moving on to my first assignment after Tech school. I filled out a Dream Sheet. New York, New Jersey, Delaware were my choices. The Air Force sent me to Daegu, Korea. In Korea I met some amazing soldiers and locals while assigned to the Fifth Air Force Fire Protection Department. We monitored the landing and



taking off of a great many aircraft on the flight line runways. The most hair raising was a Harrier vertical landing jet. No one in our department had seen one before and all emergency vehicles were deployed for rescue, only to meet a safely landed and somewhat smiling pilot! (Lesson Learned) My next assignment was also in firefighting in Homestead Air Force Base in Florida. The sunny, warm weather was welcome and I enjoyed serving in the U.S.A.

New orders sent me to Gwangju, Korea. Probably my fault for requesting New York, New Jersey and Delaware! There I changed from Fire Protection to Medical Tech. Being in a somewhat remote location, there were no hospitals or schools. So I was trained on the job. What an incredible experience. I was blessed with tutors in X-ray, Lab, Pharmacy, E.R. and Minor Surgery.

My last assignment was in Montana, Big Sky is an understatement. It was 1972 and I was at Malmstrom A.F.B. in Great Falls. I was sent to school there, treated really special and offered a re-enlistment bonus. I declined. I knew I had a great opportunity back home at L.I.L.Co. for a career that lasted 35 years. My time in the Air Force prepared me for so many of life's challenges as nothing else could. ***Thank you Uncle Sam.***

BUSINESS *of the Quarter*

A & M Tent Events, L.L.C.



Long time friends Eric Marquis and Kenny Addair talked about starting a business for many years. Finally in February 2000, we officially started the business, A & M Tent Events, L.L.C. Kenny has worked in the party rental industry since 1983 and Eric started working on a part time basis in 1989 alongside Kenny. The love that these men have of the Lord, the community, the outdoors and offering this type of service has shown for the last 19 years.

In the beginning, the office was in the family room of the Addair's house and the warehouse was located in the basement of the Marquis home. Starting out with 1 tent, 20 tables and 100 chairs was the beginning of what would later turn into thousands of chairs, hundreds of tables and tents ranging from 10' x 10' all the way up to 60' x 180'.

Now located in the Triumph Industrial Park for the last 17 years, we are firm believers that you should never despise these small beginnings, for the Lord rejoices to see the

work begin and He has blessed this company.

Kenny, Eric and along with their wives Faith and Alicia believe that because they live and work locally, their customers are more than just that, they are neighbors and friends.

Excellent customer service is always expected from this company from the first phone call until the final pick up or return of the rental equipment.

A & M Tent Events provides services for backyard parties, weddings, revivals, equestrian events and much more. The many rental items we provide range from tables, chairs, tents, dance floors, china and linens, and moon bounces. We can supply your rental needs for events from 10 to 20,000 guests.

A & M Tent Events, L.L.C. proudly supports local Veterans organizations including the Veteran's Outreach Ministry. A & M is grateful for the support this country has received from these brave men, women and their families.

Today's Scripture

Isaiah 9:6, KIV

For unto us a child is born, unto us a child is given; and the government shall be upon his shoulders and his name shall be called wonderful, Counselor, the mighty God, the everlasting Father, the Prince of Peace

Today's word is: Then Jesus came to the earth in human form, He brought with him everything you need to be empowered to live a life of victory. He came as a little baby, but he represented all authority in heaven and earth. When you choose to serve him, you are no longer a part of the kingdom of the world, you become a part of his kingdom with access to all of his resources. You have access to his peace, power, authority, provision, joy and strength. He brought all of this to us. Unto us victory is given, Unto us peace is given, Unto us provision is given, Unto us hope is given, Unto us healing is given, Unto us eternal life is given. Whatever you need today, remember, when Jesus came into the world, He made a way for every one of your needs to be met, spiritually, emotionally and physically. Take hold of his promises by faith knowing he has good plans for you today.

Today's Prayer is: Father, thank you for sending your son, Jesus, so that we could be free to live an abundant life in you. Fill me with the revelation of your love and all that you have for me. In Jesus Name AMEN

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