

Spring Issue 2021

Veteran's Outreach Ministries

VOM

magazine



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WELCOME *from the* Board of Directors

Welcome to the spring edition of the VOM Magazine! Suffice it to say, it certainly was a tumultuous 2020. As we so often do, when there's trials and tribulations in life, we turn to the everlasting word of GOD and find one of the most enduring phrases derived from the scriptures; "...so it came to pass..". So, to, this awful contagion that has taken so many precious lives, and disrupted the very essence of everyday life, will pass.

We're buoyed up by the fact that a vaccine has been developed and at the time of this writing is being deployed throughout our local communities and the world. This marks a turning point of this pandemic and we can only hope and pray that we're nearing the time when all this will "pass" and the previous year or so will just become a bad memory.

However, what we must never forget during times like these is those who have, and those who continue to serve our country. All of us throughout the VOM community should be on high alert for those veterans who may be at a higher risk of contracting COVID-19.

We must be ever vigilant with those veterans we know, and those who they know, to ensure they are feeling well and be alert to any symptoms that present like the Corona virus. Talk to them. Ask them how they're feeling. Inquire to know if they've inadvertently been exposed to someone who has had the virus. Our veterans, are this country's most precious citizen patriots who deserve and are owed our eternal debt of gratitude.

Here at VOM we take the statement, "Healing Through Christ" very literally. We know that a personal relationship with our Lord and Savior Jesus Christ can heal all. We encourage anyone reading this to feel free and reach out to any of us listed on the following page. Together we'll get through this, and it will "come to pass".

Lets make it our goal in life to seek salvation through prayer.



**VETERAN'S OUTREACH
MINISTRIES**

"Healing Through Christ"

www.VeteransOutreachMinistries.org

Veteran's Outreach Ministries, is located in the Newark/Bear/Glasgow area. We were incorporated in Delaware in July 2014 by veterans to be a resource to veterans and their families.

VOM is a 501(c)(3) non-profit organization

Veteran's Outreach Ministries is expanding into the Chester and Delaware County areas in Pennsylvania. Currently, we are seeking volunteers to help us with this growth. If anyone is interested in assisting us with this expansion please contact me at 610-299-5523 or johnd.vom@gmail.com for more information.

Veterans Outreach Ministries
The Board of Directors

President:

Tom Hogate:
tjhogate3@comcast.net

Vice Presidents:

Al Grimminger:
al.grimminger@icloud.com

Colin Diggs:
tcm3245@gmail.com

Steve Hague:
shague427@gmail.com

John Dimeglio:
johnd.vom@gmail.com

Rebecca Rondone:
beckyrondone@gmail.com

Glenn Ahrens:
Glenn@ElShaddaiChristian.com

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Caribbean Shrimp Bowl Recipe & Photo by Taste of Home

CARIBBEAN SHRIMP BOWL

MAKES:

4 Servings

TOTAL TIME:

30 minutes

INGREDIENTS:

- 2 Tbsp olive oil or coconut oil, divided
- 1lb uncooked shrimp, peeled and deveined
- 2 cups frozen riced cauliflower
- 1 package (12 ounces) broccoli coleslaw mix
- 1 large sweet red pepper, chopped
- 1 medium onion, chopped
- 1 Tbsp adobo seasoning
- 1/4 tsp pepper
- 1/4 to 1/2 tsp crushed red pepper flakes
- 1/8 tsp sea salt
- 1 cup cubed fresh pineapple
- 1 cup chopped peeled mango
- 1/4 cup minced fresh cilantro

INSTRUCTIONS:

1 In a large skillet, heat 1 tablespoon oil over medium- high heat. Add shrimp; cook and stir until shrimp turn pink, 3-4 minutes. Remove, keep warm.

2 In the same skillet, heat remaining 1 tablespoon oil. Add cauliflower rice, broccoli slaw, red pepper, onion, adobo, pepper, pepper flakes and salt. Cook, covered, over medium heat until vegetables are crisp-tender, 8-10 minutes. Add pineapple, mango, cilantro and shrimp; heat through. Serve with additional cilantro if desired.

OR - MAKE IT VEGAN!

- Leave off the Shrimp

VEGAN INSTRUCTIONS:

Same as above instructions, just no Shrimp.

Don't Give Up

**By Pastor Ray Seemans
with Troubadour Ministry**

All through Scripture God reveals to us that the last days would certainly be filled with evil, calamity, disasters, rebelliousness, mayhem and betrayal...sound familiar? He told us these things to help us as believers to be in the world not of it. If we read the Bible and believe what it says we should not be surprised or disparaged, but instead, expectant! His prophecy is perfect and His promises are true. In Matthew 6:33 He promises provision. That promise comes with the condition of putting Him first, trusting in Him only.

Can we do that? "But seek first His Kingdom and His righteousness and all these things shall be added to you" The words of Jesus...not mine. In the midst of all we see going on around us around the world we must remember this promise from Romans 8:28 (my favorite as it encompasses it all!) "And we know that God causes ALL THINGS (my emphasis) to work together for good to those who love God, to those who are called according to His purpose."

No matter what it looks like and no matter how it seems, God is on the throne working out the details ahead of us. If we read the Bible through we will find out that God is victorious...as His children, we are too! Romans 8:31 "What then shall we say to these things? If God is for us, who is against us?"

Let's lock arms united in faith in Jesus Christ and stand firm together on His promises. We are His and His love is immeasurable. His Word endures forever. He gave us everything pertaining to life and godliness. If we believe what we profess to believe then we lay our fears and worries at the foot of the cross and trust Him for the results. We are conquerors in Jesus! Peace...



We're Having a Fundraiser with Tastefully Simple

We are running a fundraiser with Tastefully Simple to support the Veteran's Outreach Ministry. A percentage of sales from orders using this party link will be given directly to VOM.

To place an order, simply use this link:

www.tastefullysimple.com/p/11363505

And then contact Gail Jusiewicz at (302) 547-2777 (cell) via text or email at GailJ-TS@Comcast.Net and let her know you placed the order so she can make sure the sale gets credited to VOM.

The fundraiser runs from March 1st - June 30th. You can place orders as many times as you want. Orders ship directly and will arrive within 10 business days of the order being placed.

Tastefully Simple is a direct sales company. Though we're best known for our top-selling Bountiful Beer Bread Mix®, Tastefully Simple's product line includes signature seasonings, sauces and mixes, all prepared by adding two additional ingredients or less. Our TS EatWell products, which constitute 85% of our line, are clean-label foods that contain no artificial colors, flavors or preservatives.

In addition to placing an order, you can support VOM by hosting a Tastefully Simple party. Gail Jusiewicz, the consultant will make an additional \$25 contribution to VOM for every party book and held as a result of this fundraiser.

**Fundraiser for the VOM
from March 1st - June 30th**

VOM & Community Events for March-May 2021

Visit www.VeteransOutreachMinistries.com
for full Event Details

March 1-31 - North East, MD Gives Back 'Hero's Month'

Weekly Discounts on North East, MD Main Street at local businesses for Military, 1st Responders, Educators

March 11 - Annual State of the County Address 9-10am

with Cecil County Chamber of Commerce on Zoom

March 12-14 - St. Patrick's Weekend Celebration

in Downtown Elkton, MD on Main Street

March 17 - St. Patrick's Day

March 18 - VOM Meeting starting at 6:30pm

Oasis Church in Glasgow, DE

March 20 - International Day of Happiness in North East, MD

Come to Main Street for a free flower and lots of happiness!

March 23 - FREE Legal Advice for VA Appeals 10am-12pm

with Widener University Delaware Law School

March 25 - FREE Legal Advice for VA Appeals 10am-12pm

with Widener University Delaware Law School

March 25 - Energy Assistance Summit 9-11:30am

with Delmarva Power

April 3 - Easter Eggstravaganza in North East, MD 9am-1pm

Easter Egg Hunts, Easter Bunny Photos, and Shopping!
Carriage Rides are from 1-3pm that same day on Main Street

April 4 - Easter Sunday

April 15 - VOM Meeting starting at 6:30pm

Oasis Church in Glasgow, DE

April 16 - Delaware Fun-A-Day Opening Reception 5-8pm

Live on Youtube. This is a showcase of 249+ Delaware Artists

April 20 - Veterans Roundtable Discussion at 11am-1:30pm

Oasis Church in Glasgow, DE

She was
STRONG
for us.
Let's be
STRONG
for her.



Female Veterans *and Homelessness*

An Article by
Lishamarie Hunter

Women comprise the fastest-growing segment of the homeless Veteran population. The 2017 Annual Homeless Assessment Report to Congress, the U.S. Department of Housing and Urban Development (HUD) estimated that just over 40,000 veterans were homeless on a single night in January of that year. Of those, about 9 percent were women, out of a population of more than 2 million female Veterans.

From 2016 to 2017, the number of homeless female Vets increased by 7 percent, compared with 1 percent for their male counterparts (2021). A side by side comparison of female and male veteran populations reveals that both groups of veterans reside in the greatest number in California, Texas and Florida, however they differ in concentrations.

Female veterans have the highest concentration in Texas; male veterans, in California. As the unemployment number rise due to the pandemic the homelessness is only growing, and more veterans being affected. That figure, according to the center, is projected

to rise by about 9% to nearly 40,000 by 2025 (2021).

Many homeless female veterans were victims of military sexual trauma and feel resentment toward the military and the VA. As a result, many do not identify themselves as being veterans. They tend to stay away from the organizations wishing to help them because they feel they were betrayed by that organization in the past. According to the VA's National Center for PTSD, data from the VA's military sexual trauma screening program shows that about one in four women and 1 in 100 men say that they experienced sexual trauma or assault while in the military.

Homeless female veterans don't fit the stereotype of a homeless person living on the streets. Female homeless veterans often have children and tend to stay with family or friends temporarily.

Some reasons for the underreporting of female veterans and lack of assistance for their situation are listed below:

1. A large percentage of female veterans facing

homelessness find ways to live with family or friends, "couch surfing" for extended periods of time.

2. Many feel unsafe sleeping on the streets or even in shelters.

3. Many homeless facilities focus on the larger population of male homeless veterans, who also happen to be more likely to reach out and utilize VA services than their female counterparts.

4. Many female veterans with children are worried that by accessing services or asking for help against homelessness, their children will be removed from their care. 5. Others learn that many shelters have limits on the number of children that can accompany their mother.

The majority of programs throughout the nation and in particular the VA system addresses the male veteran homelessness. There are resources for homeless veterans both male and female. VA understands that many women Veterans face challenges when returning to civilian life, including raising children on their own or dealing with the aftereffects of military sexual trauma.

Without intervention, these and other issues can put women Veterans at greater risk of homelessness. VA also strives to address the individualized needs of women throughout its specialized programs for homeless Veterans. Every VA Medical Center and regional benefits office also has a dedicated advocate to make sure women Veterans get the health care and benefits they've earned through service (va.gov)

Another organization that provides assistance with homeless female veterans is Final Salute INC. This organizations mission is simple to provide safe and suitable homes to homeless female veterans. They do this with their program H.O.M.E. The H.O.M.E Program provides transitional housing, on-site case management, food, clothing, transportation, child care subsidy/assistance, employment support and other essential supportive services to homeless female Veterans and their children.

The H.O.M.E Program focuses on integrating women Veterans back into their local communities and providing, safe and suitable

residential areas to choose from. The H.O.M.E Program is a collaboration with a variety of resource partners that includes targeted supportive services to assist women Veterans in reaching their goals. The organization is based in the DC Metro Area, the programs have assisted women Veterans and children in over 30 States and Territories.

The organization assist with permanent placement once Veterans are ready to transition from our residential facilities. Who is eligible to apply for benefits from the H.O.M.E program. Veteran must have an "honorable or under honorable conditions" discharge; verified by DD-214*. (*Requires completion of initial service obligation (ISO), unless medically discharged). The veteran must also be willing to adhere to terms of the Resident Agreement and 2-Year Plan for Independence.

Phone number is 703-224-8845 (2019).

The first step in eliminating the homelessness is to acknowledging the need for assistance. The local Vet Centers, VFW and American Legions can provide names and numbers of programs locally that provide emergency assistance. Local homeless assistance is available for veterans through your nearest HUD office. Call the HUDVET National Hotline at (877) 424-3838 FREE for around the clock assistance, or view the resources for homeless veterans on the HUD Exchange. No Veteran regardless of their gender should be homeless.

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For the Latest News, Events, and Updates about the Veteran's Outreach Ministries. Have a veteran focused event or post you'd like us to share? Contact us!



HISTORY & MEANING OF THE POW/MIA FLAG

The POW/MIA Bracelet

An organization called VIVA (Voices in a Vital America) launched the first public awareness campaign for POW/MIAs. Although the issue was featured occasionally on the news and in magazines, no formal organization existed for POW/MIAs. VIVA was a not profit, non-political, student organization run on a volunteer basis in Los Angeles in the 1970s. Several college students, Carol Bates Brown, Kay Hunter and Steve Frank, an adult advisor, Gloria Coppin, and a returning veteran (who would later become a Congressman), Bob Dornan, formed the original group. They aimed to distribute bracelets to gain publicity for the POW/MIA issue.

Without funding, income or loans, the bracelets were initially made from donated brass and copper, and engraved by a Santa Monica engraver. The group aimed bracelet sales at college students, since students were incredibly active in protesting the war with sit-ins, blackouts, riots, etc. Bracelets were a peaceful means of awareness. The bracelets were engraved with a MIA or POW serviceman's name, rank and date of loss. Each

bracelet cost between \$2.50 and \$3.00 to buy. A supporter would wear the bracelet until the POW or MIA was accounted for or brought home. Copper bracelets did catch on with the adult population, who believed copper would help tennis elbow.

In September of 1970, VIVA attended an annual meeting for the National League of Families in Washington, D.C. Wives and parents of POW/MIAs took a huge interest in wearing bracelets and obtaining them for distribution. In November, VIVA did a news conference at the Universal Sheraton Hotel, which spawned a huge public response. Before long more than 12,000 requests were made for bracelets each day. The two remaining students in the group dropped out of college to work full-time with VIVA.

With the profits the group was able to get brochures, bumper stickers and buttons to publicize the POW/MIA issue. VIVA distributed five million bracelets, millions of bumper stickers, brochures, matchbooks, buttons, newspaper ads, etc., before it closed its doors in 1976. By that time the Vietnam War had ended, and many supporters lost interest in the mission.

National League of Families of American Prisoners and Missing

The National League of Families is comprised of the wives, children, parents, siblings and relatives of military servicemen who were prisoners of war, missing in action, and killed in action (bodies not recovered) in Southeast Asia. Veterans, concerned citizens and extended family members of POW/MIAs can join the League as associate members. The League is a nonprofit, tax-exempt, humanitarian org that is funded solely on donations.

Originating on the west coast, the League of Families had its unofficial beginning in the late 1960s. By 1968, the first POW/MIA story was published, which caused families to communicate with each other. Soon they banded together and the group grew from several to several hundred. The League was beginning to become politically active.

In 1970 family members met in Washington, D.C. at Constitution Hall, where the League's charter and by-laws were officially adopted. A Board of Directors meets on a regular basis to discuss League policy and establish a direction for the group. The League is represented by State Coordinators and Regional Coordinators in state areas and multi-state areas.

National POW/MIA Recognition Day

National POW/MIA Recognition Day is a day of commemoration for servicemen unaccounted for and/or missing in America's wars. The first commemoration of this day was held July 18, 1979 at the National Cathedral in Washington, D.C. The date was chosen because it was around the time the League had its yearly meeting. On that day the 1st Tactical Squadron from the Langley Air Force Base in Virginia flew the Missing Man Formation, and the Veterans Administration made posters.

Although legislation for National POW/MIA Recognition Day was introduced year after year, in 1995 Congress deemed that it would no longer consider legislation of special commemorative days. Because of this the president now signs a proclamation, establishing the official date of National POW/MIA Recognition Day every year.

In the 1980s the Ex-POWs wanted Recognition Day to be commemorated on April 9th, which was the date the largest number of Americans was captured during World War II. In 1985, Recognition Day was scheduled to be

observed on April 9th as the Ex-POWs requested. However the ceremony had to be canceled because of bad weather.

Realizing that rainy weather is common in April, the National League of Families decided to choose another date, one that was not related to any specific war or any organization's national convention.

National POW/MIA Recognition Day is a day to remember POW/MIAs and America's responsibility to do everything in its power to account for those who are missing or captive. Ceremonies are held from coast to coast and around the world at military installations, national veteran/civic organizations, ships at sea, state capitols, schools, churches, police departments, fire departments, fire stations, etc.

The POW/MIA Flag

In 1971, the wife of MIA serviceman Michael Hoff was a member of the National League of Families. She recognized the need for a symbol for the POW/MIAs, and contacted Norman Rivkees, the Vice President of Annin & Company to make a flag. The company commissioned Newton Heisley, a creative director for an advertising firm in New Jersey to design the flag. A former World War II pilot, Heisley sketched several designs based on his wartime memories. The design that was chosen depicted a silhouette of a man's head with barbed wire and a watchtower in the background. Below the design, the flag bears the motto "You Are Not Forgotten." Following the approval of the National League of Families, flags were manufactured and distributed.

In 1990, the 101st Congress officially recognized the POW/MIA flag, designating it "the symbol of our Nation's concern and commitment to resolving as fully as possible the fates of Americans still prisoner, missing and unaccounted for in Southeast Asia, thus ending the uncertainty for the families and the Nation" (Public Law 101-355).

The flag's message is spread through its visibility. The POW/MIA flag has flown over the White House on National POW/MIA Recognition Day since 1982. With the exception of the American flag, the POW/MIA flag is the only flag to fly over the White House and fly continually over the Capitol's rotunda.

References

National League of Families, POW-MIA

Didn't find what you were looking for, or just have a new product suggestion? Please email us at: FlagProductSuggestion@OnlineStores.Com

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THANK YOU FOR YOUR SERVICE



On Veterans Day we can all come together and show our appreciation for members of the military. Not only for those actively serving, but for those who have served in the past. It can be hard to find ways that we can show appreciation for members of the military family, but we've put together some ways for you to consider. "Thank you for your service" is often said to honor these veterans. Here are a few suggestions that you might be able to use to honor those who have sacrificed so much for us.

SHOW UP:

It's very likely that there is an event happening in your area. One of the best and most simple ways to show your appreciation is to simply show up in support. Go to a parade, or a service for Veterans and just by being there you can show those around you your appreciation. Roy Rogers, a decorated veteran says "We can't all be heroes; someone has to sit on the curb and clap as they go by."

ASK SOMEONE ABOUT THEIR SERVICE:

Odds are, you know someone who has served or you have come in contact with someone who has. Another easy way to show appreciation is to ask about their service. Some good questions that you can ask someone are "What did you do in the

military" or "what was your favorite moment in all your time in the service". However, it is very important to keep the questions appropriate.

DONATE:

There are many organizations out there who use donations to help veterans in need. They offer a huge amount of support, service, and appreciation to all veterans throughout the country. Some of those organizations are Paralyzed Veterans of America, Veterans of Foreign Wars, a local non-profit veterans organization, and a local veterans shelter. These organizations take your donations and use them to provide all kinds of support from job placement to rehabilitation programs, to food and shelter.

DON'T CONFUSE VETERANS DAY WITH MEMORIAL DAY:

There is quite a big difference between Veteran's Day and Memorial Day. It is important that you are able to distinguish the difference between the two as it could make both seem less important.

On Veteran's Day we celebrate and thank those who are currently serving in the military as well as those who have served in the past who are still living. Memorial day is a time to reflect and remember those who lost their lives.



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10 Commandments of Networking

By Dr. Ivan Misner
 Founder of BNI

1. Have your networking tools with you at all times-business cards, nametag, referral slips, pen, etc.

2. Set a goal for the number of people you would like to meet. Make it a reasonable number like 3 or 4, not 20.

3. Act like a host, not a guest. Greet people as they arrive. Select people that belong in your contact sphere with whom to spend more time.

4. Listen and ask the 5 W's – Who, What, When, Where and Why. You have 2 (two) ears and 1 (one) mouth, use them proportionally.

5. Give a referral whenever possible. Listen for opportunities to solve people's problems by connecting them with other chamber members.

6. Describe your product or service in 60 seconds or less.

7. Exchange business cards with people you meet. Ask 'Can I contact you next week?'

8. Spend 10 minutes or less with each person you meet and don't linger with friends and associates. You didn't come here to socialize with people you already know.

9. Write comments on the back of the business cards you collect so you can remember the person later. Write their needs on the card, ex: building a house, moving, back trouble, looking to build a new business.

10. Follow up with people you meet. Contact each of the 3 (three) or 4 (four) people that you connected with and invite them to your referral group meeting.

Spring Wellness



An Article by Rebecca Rondone
Owner of Pura Vida Yoga & Physical Training

Spring is here!! With that being said let's get some spring mental cleaning completed and get things in wellness order. First you will need a plan.

How to Make a Wellness Plan You'll Actually Follow:

- Improve your physical health and fitness.
- Gain mental clarity.
- Meet your deepest needs.
- Create new habits. Achieve your goals.
- Change old thinking patterns and negative emotions.

THE FOUR DIMENSIONS

Spiritual Wellness

Spiritual strength is that force that drives us to make sacrifices for others, our nation, and the greater good. It may come from religious faith, heritage, experience within our community, influence of role models, or other sources of inspiration.

Emotional Wellness

Emotional wellness refers to building an awareness of and accepting one's feelings and moods. It includes finding ways to encourage positive thinking and acceptance of oneself.

Physical Wellness

Physical wellness includes expanding your knowledge about your lifestyle and how food, good nutrition and physical activity can be an integral part of your lifestyle.



Social Wellness

Social wellness entails being cognizant of the impact you and your actions have on your community, the society and nature.

WELLNESS CHECKLIST

Spiritual Wellness

- Do you set aside time in your day for prayer, meditation, or personal time?
- Do you set aside time in your day for relaxation/quiet time?

Emotional Wellness

- Are you able to make decisions/complete activities with minimum stress/worry?
- Is there something you are looking forward to?

Physical Wellness

- Do you participate regularly (min 3X/week) in an aerobic activity?
- Do you get adequate and satisfying sleep, and wake up refreshed?
- Do you need to work on issues related to tobacco, alcohol, or nutrition?

Social Wellness

- Do you set aside and plan time to be with your family and friends?
- Do you feel that your relationships are positive and rewarding?
- Are you involved in group activities or hobbies?

Honor the entire plan but have GRACE with yourself navigating along with new changes. Meet yourself where you are and be intentional with all new things. We are all a work in progress.



North East, MD is Honoring Local Heroes during March

Come Shopping on Main Street in North East, MD and receive discounts and special offers for our local heroes. Valid IDs required.

March 1-7 Healthcare Workers
March 8-14 Fire & Rescue
March 15-21 Educators
March 22-31 Police & Military

For Full Details visit
www.NorthEastChamber.org



**AmeriCorps
Seniors**

410.996.8416
www.volunteercecil.org

Days to Display the Flag

Holidays to Display Flag

March - May 2021 Winter Issue

- National Vietnam War Veterans Day – March 29, 2017
- Easter Sunday – April 4
- Mothers Day – May 9
- Women's Army Corp Founded – May 15, 1942
- Armed Forces Day – May 15
- Peace Officers Memorial Day – May 15 (1/2 staff until sunset)
- Memorial Day – May 31 observed (1/2 staff until sunset)

Non Flag Display Days

(for information only)

- Asiatic Fleet Memorial Day – March 1
- "Star Spangled Banner" Made U.S. National Anthem – March 3 1931
- Girl Scouts of the U.S.A. Founded – March 12 1912
- Daylight Savings Time Begins – March 14 (set clocks ahead one hour)
- St Patricks Day – March 17
- Iraq War Begins – March 19 2003
- Spring Begins – March 20
- Kosovo Campaign Began – March 24 1999
- Passover Begins – March 27
- Palm Sunday – March 28
- Somalia Campaign Ended – March 31 1995
- April Fools Day – April 1
- Good Friday – April 2
- Army Day – April 6
 - National Former POW Recognition Day – April 9*
- *There's an article about this on Pages 7-8
- Persian Gulf War Official Cease Fire – April 11, 1991
- Income Tax Day – April 15
- Administrative Professional Day – April 21
- Earth Day – April 22
- Arbor Day – April 30
- Law Day – May 1
- Loyalty Day – May 1
- Orthodox Easter – May 2
- Nurses Day – May 6
- National Day of Prayer – May 6
- Unconditional Surrender of all German Forces Signed – May 7, 1943
- Military Spouses Day – May 7
- V-E Day Declared – May 8 1945
- National Maritime Day – May 22
- Victoria Day Canada – May 24

FEMALE

VETERAN of the Quarter

Born: 28 December 1943 in Commerce Texas

Parents: Damon Rodgers Sr - Mt Vernon Texas (Deceased) and Christine Champion Rodgers - Commerce Texas (Deceased).

Siblings: (1) Alene Rodgers Cooper (Tulsa OK) (2) Pauline Rodgers Wyatt (Dover DE) (3) Damaris Rodgers Terrell (Dallas Texas) - (4) Damon Rodgers Jr (Brashear Texas) (5) Virginia Rodgers Deloney (McKinney Texas) (6) Richard Glenn Rodgers (Millville NJ).

Home Town: McKinney, Texas 19 Miles from Dallas, Texas - The place of fun and shopping while living at home in McKinney, Texas, she worked in Dallas at Texas Instruments, making small parts for the Minute Man Missile, until December 1967.

Married: December 1966 to Airman Jimmy Gale Wyatt who was stationed at Amarillo Air Force Base, Amarillo, Texas. Pauline met Jimmy from Celina, Texas in High School (McKinney, Texas) Pauline and Jimmy has one daughter Winona Odelet Wyatt.

Military History

Pauline Rodgers Wyatt began her military career 5 December 1978 enlisting in the United States Army as a Private (E1) Fort Jackson, SC. There, she completed both Basic Training (BT) and Advance Individual Training (AIT).

Her first duty station was in Fort Dix, NJ, assigned to the Adjutant General Office as a Personnel Record Specialist working with basic trainee records. Her other assigned duties included membership to the Honor Guard for the HHC, performing funeral details and many special functions throughout the states of Pennsylvania and New Jersey.

After four years of active service, she joined the Delaware Army National Guard 12 December 1982. Performing duties as a Personnel Action Specialist, SPC Wyatt obtained the grade of j1 Sergeant E-5.

On June 13, 1988 she joined the Active Guard & Reserve (AGR) Force and was assigned

Pauline R. Wyatt



to the 261st Signal Command in Dover, DE, taking an administrative reduction in rank to accept this position.

Other assigned duties included membership to the Honor Guard for the 261st, performing funeral details and many special functions throughout the state of DE. After a few years with the Command, she had the sole personnel responsibility to close out the Signal Command in restructuring it to the 261st Signal Brigade.

This included many transfers, retirements and discharges. Other duty assignments were Company A, 2801 Signal Battalion, Seaford, DE, Headquarters STARC Wilmington, DE, and 198th Signal Battalion on December 31, 2003 in Wilmington DE where she retired after 25 years of active military service.

Awards and Decorations

Sergeant First Class Pauline R. Wyatt's awards and decorations include:

- Army Accommodation Metal Third Award
- Army Achievement Medal with Two Oak Leaf Clusters
- Army Good Conduct Medal with Five Oak Leaf Clusters



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- Army Reserve Component Achievement Medal
- National Defense Service Medal with Bronze Star
- Armed Forces Reserve Medal with Bronze Star and Hourglass
- Noncommissioned Officer Professional Development Ribbon (three)
- Army Service Ribbon
- Army Reserve Overseas Training Ribbon, Third Award
- Delaware Medal of Military Merit; Delaware National Defense Service Ribbon (two)
- Delaware Aide to Civil Authority
- Delaware Physical Fitness Ribbon (seven).
- May 10, 2010 - Inducted into the Delaware Army National Guard's Noncommissioned Officer Hall of Fame.

Work History

- 2007 - Present Quantum Dynamics Inc, DE National Guard, Wilmington, DE, MEDPROS Data Entry Clerk (Civ)
- 2005 - 2007 436th Medical Group, Dover AFB, DE, Flight Medicine Patient Receptionist
- 2004 - 2005 U.S. Veterans Administration Regional Office, Wilmington, DE, VA Benefits Receptions Clerk (Civ)

- 1982 - 2003 Delaware Army National Guard, Dover DE, Administrative Supervisor.
- 2004 - 2009 U.S. Postal Service, Woodside, DE, Post Master Replacement (Civ)
- 1978-1982 US Army, FT Dix, New Jersey, Personal Record Specialist < 1966 - 1978 Dependant Air Force Wives

Church

Dover Church of Christ, Dover DE

Treasurer for Delaware Enlisted Association for the National Guard, Sergeant First Class Wyatt's experience has acquainted her with numerous facets of public administration, including problem solving, conference setup, and quality assurance.

Sergeant First Class Wyatt has a record of consistently producing results in managing personnel and services.

She enjoys the challenge of investigating and solving administrative problems. Studies contributed significantly to her education and continue to interest SFC Wyatt even today.

Conclusion

After 25 years of Active Federal service Pauline still has a husband.

MALE

VETERAN *of the Quarter*

Jason Lim

CPT Jason Lim always had admiration and respect for men and women who served and sacrificed for their country. He is a native of Baltimore, MD who grew up in an immigrant household with a proud Korean heritage. Every male in his family had served in the ROK (Republic of Korea) military for mandatory service. In the fall of 2001, the class bells had rung and he was sitting in AP Statistics class when his teacher turned on the TV as the second aircraft hit the World Trade Towers. After that day, Jason had decided to attend college at Virginia Tech and join the Corps of Cadets & Army ROTC.

In 2006, CPT Lim commissioned as an Army 2LT and spent 6 years in Active Duty defending this country. He spent his platoon time in Camp Stanley, South Korea as a Truck Platoon Leader of the 46th Transportation Company; the only medium truck company on the entire peninsula.

After his platoon time, he took over the Support Operations Transportation OIC (Officer-in-Charge) for the 194th Combat Sustainment Support Battalion as overseer of all convoy operations for the unit.

After his time in Korea, he attended the Army Logistics University in Ft Lee, Virginia and graduated to be a full fledged member of the Army Logistics Branch. From there, he went on to Fort Campbell, Kentucky assigned to the 101st Sustainment Brigade. In 2010, CPT Lim deployed in support of OEF X-XI (Operation Enduring Freedom) in Bagram Airfield, Afghanistan.

He was the Air Movements Officer in charge of aerial logistics operations for the Eastern and Northern regions of Afghanistan. Deploying with the 101st Airborne was an incredible honor, knowing its rich history in the wars fought before him.

In 2012, CPT Lim separated from the military



with an Honorable Discharge and began the next chapter of his life. He started a new career as a Financial Advisor and also welcomed his first child into the world. Today, he and his wife are enjoying their time as parents of two wonderful children. He has a thriving practice located on Main St in Elkton, MD. After nearly 9 years in the financial services industry, he continues to help his clients navigate through their phases of life and accomplish their goals and dreams.

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BUSINESS *of the Quarter*

Veteran's Outreach Ministries (VOM)



Veteran's Outreach Ministries is a 501 (C) (3) nonprofit organization to empower veterans and their families through a Christ centered ministry. We were organized and incorporated in 2014. We are sponsored by Oasis Church located at 2200 Glasgow Avenue, Newark DE 19702. VOM board members and associates are veterans, from the Air Force, Navy, Army, and Coast Guard.

Our President is a non-veteran, however, he was lead to start this organization with the Lord's prayers and direction.

Our main objective is "to empower Veterans and their families through a Christ-centered ministry". Our main mission is to reach out to all veterans and their families to plant the seed to find salvation via physical, emotional and spiritual healing through fellowship, counseling, prayer and the study of the good news from the strong relationship with God the Father through Jesus Christ.

Through this healing, it is the hope that this ministry will empower veterans and their families, and give easy access to resources, conferences, and local churches. We will continue to grow and to help veterans and their families in prayer when asking our Lord, Jesus

Christ, to heal them from pain, both emotional and physical, and find peace in him.

Each year Veteran's Outreach Ministries continues to advance its mission of helping veterans and their families build a relationship with God through prayer time, bible studies, worship and fellowship. This is part of VOM's strategic plan for 2021 and as we go forward.

Outreach programs and events, such as Career Fairs have been a success in the past years allowing businesses an opportunity to place individuals in jobs. We also foster workshops with local churches, roundtable discussions and bible study/prayer time with our many partners. Resources for veterans and how we can help them have a better life with the Lord and be an active community member.

VOM is an active member of several organizations including the Cecil County Chamber of Commerce in Elkton, MD and attends many meetings and business card exchanges. At the present time we ZOOM. We utilize the community events calendar page for our outreach events. This has been a good resource to build VOM support.

VOM is an also an active member of the

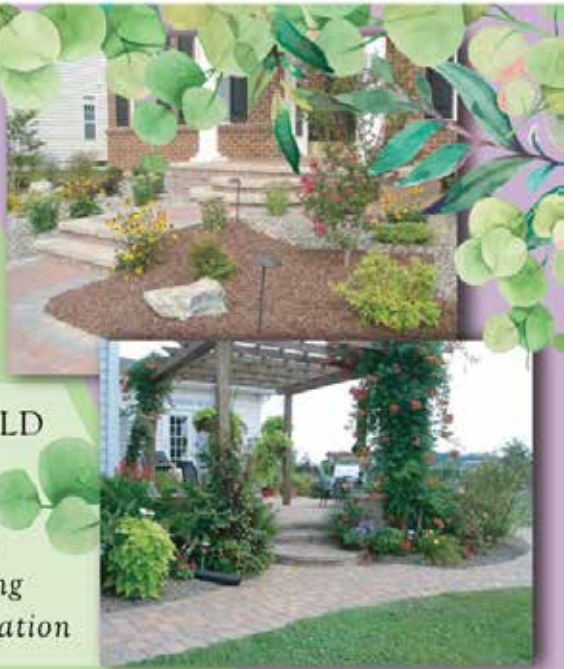
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Middletown Chamber of Commerce in Middletown, DE and attends many meetings and business card exchanges. At the present time we ZOOM. We utilize the community events calendar page for our outreach events. This has been a good resource to build VOM support.

Volunteer Cecil in Elkton, MD and Volunteer Delaware in Wilmington, DE is another resource where we will utilize the community events calendar page for our events and help with looking for volunteers for our outreach programs.

WXCZ FM radio station is another resource for listing our events and outreach programs on the community events page.

We offer brochures with information about our organization as well as this VOM Magazine with information about veterans for veterans. Included in this VOM Magazine is a brochure and business card for your use.

If you would like to connect with us digitally we have an e-newsletter that goes out once a month, and we can be reached on our website, Facebook, and LinkedIn pages.

www.veteransoutreachministries.org

Facebook: @vom.de

Linkedin: @VeteransOutreachMinistries

With the help of donations from supporters such as you, both monetary and voluntary, VOM will provide much needed requirements to support our outreach programs, items such as website design, printing newsletters, brochures and event flyers, purchasing bibles, insurance, marketing materials and other items required for VOM's ongoing opportunities.

Your donation is a tax deductible contribution that will and has funded many of our outreach programs, and you will receive a letter of your contribution. You are also invited to attend VOM's monthly meetings. Information on these meetings will be in our website events page if you would like to attend.

We at VOM are in the process of looking for Corporate Sponsorships to help advance its mission and purpose of helping Veterans and their families in our future.

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