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Spring Issue 2026

Veteran's Outreach Ministries

# VOM

*magazine*



**FREE**

*Supporting Veterans. Strengthening Community.*

# WELCOME *from the* Board of Directors

Welcome to the Spring 2026 edition of the Veterans Outreach Ministries (VOM) News Magazine. In this issue, we proudly highlight our Veteran of the Quarter, Business of the Quarter, health and wellness resources, inspirational reflections, and stories that celebrate service, faith, and community.

As we move from winter into the renewal of spring, we are reminded that every season brings purpose. Spring symbolizes restoration, growth, and new beginnings — a reflection of the strength and resilience we see daily within our veteran community.

We encourage continued prayer and fellowship for those facing personal challenges, family struggles, and seasons of uncertainty. Scripture reminds us in Matthew 7:7, “Ask, and it will be given to you; seek, and you will find; knock, and the door will be opened to you.” Through faith and community, we find encouragement and hope.

Please join us in praying for the safety and strength of our U.S. military personnel serving both at home and abroad, as well as those deploying and returning. We also extend our gratitude and prayers to our first responders — EMTs, firefighters, and law enforcement officers — who faithfully serve our communities.

Thank you for your continued support of Veterans Outreach Ministries. Together, we remain committed to uplifting veterans and their families through faith, service, and connection.



[VeteransOutreachMinistries.org](http://VeteransOutreachMinistries.org)

Veterans Outreach Ministries was incorporated in Delaware in July 2014 by veterans to serve as a resource and support system for veterans and their families.

*VOM is a 501(c)(3) nonprofit organization and continues to expand its outreach into Maryland and Pennsylvania.*

We are currently seeking volunteers to assist with this growth. If you are interested in getting involved, contact: 610-299-5523 or [john.d.vom@gmail.com](mailto:john.d.vom@gmail.com)

A graphic titled '2026 DISTINGUISHED PARTNERS' with a blue and white color scheme. It lists partners in three categories: DIAMOND (PolarStar Engineering & Machine, CHEP), GOLD (GROCERY OUTLET bargain market), and SILVER (AIRE SERV HEATING & AIR CONDITIONING, Chick-fil&C).

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**Want to Contribute to the Summer 2026 Issue? Contact Tom Hogate by the May 15, 2026 Deadline at: [ThomasHogate@gmail.com](mailto:ThomasHogate@gmail.com)**

**Thank You VOM Advertisers!**

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[GrungeMuffinDesigns.com](http://GrungeMuffinDesigns.com)

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**Spicy Caribbean Beef Stew**

*A bold island-inspired dish with warm spices and a hint of heat.*

**TOTAL TIME:** 1½–2 hrs **SERVINGS:** 4–6

**INGREDIENTS:**

- 2 lbs beef chuck, cubed
- 1 onion, diced
- 2 cloves garlic, minced
- 1 red bell pepper, chopped
- 2 carrots, sliced
- 2 potatoes, cubed
- 1 (14 oz) can diced tomatoes
- 2 cups beef broth
- 1 tsp thyme
- 1 tsp allspice
- ½ tsp cayenne (or to taste)
- 1 tbsp brown sugar
- Salt & pepper
- Lime juice (optional)

**INSTRUCTIONS:**

- Brown beef in oil over medium-high heat; remove.
- Sauté onion, garlic, and pepper until softened.
- Return beef to pot. Add remaining ingredients except lime.
- Bring to a boil, reduce heat, and simmer 1½–2 hours until tender.
- Finish with a squeeze of lime and serve hot.



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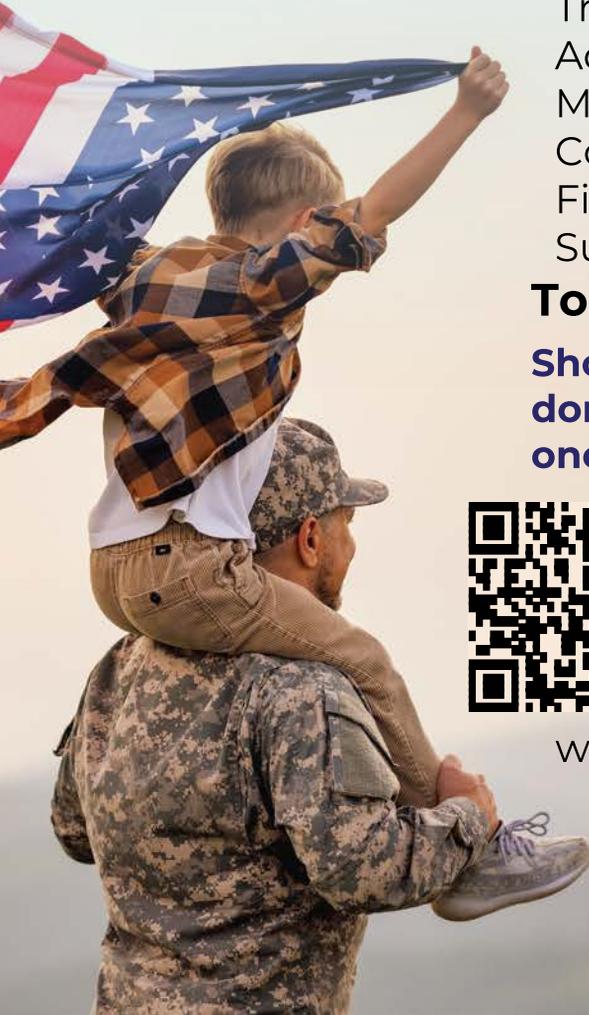
## **To veterans in need**

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one of our events!**



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# VOM & COMMUNITY EVENTS

## MARCH–MAY 2026

VeteransOutreachMinistries.org for Full Event Details

March 8 - *Daylight Saving Time (Clocks go forward one hour)*

March 12 - **VOM Meeting starting at 6pm** - All welcome!

Glasgow Baptist Church, 3021 County Line Rd, Newark, DE

March 20 - *First Day of Spring*

March 29 - *Palm Sunday*

April 5 - *Happy Easter!*

April 16 - **VOM Meeting starting at 6pm** - All welcome!

Glasgow Baptist Church, 3021 County Line Rd, Newark, DE

April 23 - *Earth Day*

April 23 - **Veterans Roundtable Discussion 10:30am-1:30pm**

Glasgow Baptist Church, 3021 County Line Rd, Newark, DE

May 1-2 - **St. Mary Anne's Garden Market - FREE to Enter**

Friday, May 1 (8:30AM-6PM) & Saturday, May 2 (8:30AM-4:00PM)  
St. Mary Anne's, 315 South Main St, North East, MD 21901

May 14 - **VOM Meeting starting at 6pm** - All welcome!

Glasgow Baptist Church, 3021 County Line Rd, Newark, DE

May 17 - **Library Cake Social - Slices of Support**

A fundraiser for the 2027 Elkton Library Renovation  
Tickets: [www.CCPLFriendsFoundation.org](http://www.CCPLFriendsFoundation.org)  
Elkton Library, 301 Newark Ave, Elkton, MD

May 25 - *Happy Memorial Day!*



**We're Seeking New Board Members for our Delaware Branch**

**FOR INFO, PLEASE VISIT:**  
[VeteransOutreachMinistries.org](http://VeteransOutreachMinistries.org)  
Tom Hogate at 302-229-1819  
or [ThomasHogate@gmail.com](mailto:ThomasHogate@gmail.com)

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# How Delaware Veterans Are Finding Strength in Community This Spring

Spring in Delaware brings a quiet sense of renewal. After winter's stillness, there is movement again — not just in nature, but in people. *For many veterans, this season becomes a time of reconnection.*

Transitioning from military life to civilian life is rarely a single moment. Structure shifts. Identity evolves. Camaraderie is no longer built into the day. Even years later, the absence of that built-in community can linger.

Across Delaware — from Wilmington to Dover to Sussex County — veterans are rediscovering something steady and essential: connection.

## Healing Through Action

Community engagement is more than social — it is restorative.

When life feels quieter, small steps can change momentum. Attending a veterans' breakfast. Volunteering locally. Meeting another veteran for coffee. Joining a faith gathering.

These actions rebuild rhythm and restore belonging. *Connection reduces isolation — and isolation left unchecked can quietly erode well-being.*

Veterans often say they feel more like themselves when they are active, serving, and surrounded by others who understand their experiences. Showing up creates forward motion. Forward motion builds hope.

## Faith and Fellowship

Faith-based community provides steady ground for many veterans in Delaware.

Churches and outreach ministries offer space for encouragement, shared meals, and conversation. Veterans Outreach Ministries walks alongside veterans and families — connecting them to practical resources while offering prayer and fellowship.

Renewed purpose rarely arrives dramatically. More often, it begins with one small decision: accepting an invitation or reaching out.

## Stronger Together

Community is not one-sided. Veterans strengthen the communities they join.

Leadership, resilience, and lived experience shape schools, nonprofits, and civic groups throughout the state. When veterans connect, encouragement multiplies. One person's step forward inspires another.

Purpose may look different now than it did in uniform. But it remains — grounded in service and connection.

## A Season to Begin Again

If you are wondering what your next step might be, consider something simple this spring: attend a gathering, volunteer, reconnect, or reach out. *You do not have to navigate this season alone.*



# Tough Love

## **When Is Residential Care the Right Step?**

Do you ever feel that your best efforts are not enough? Parents often feel this way—especially when raising children with emotional or medical disabilities.

We have lived with this reality for over 40 years, raising several children with a variety of challenges. Now we face the difficult decision of considering residential care for our child. This is never an easy choice at any age. So where does one begin?

Your pediatrician, psychologist, or teacher can be valuable resources as you start the conversation.

## **Signs Your Child May Need Residential Care**

- Not improving on current medications or therapies, with worsening behaviors
- Poses a danger to self and/or others
- Engages in self-harm or self-destructive behaviors
- Displays violent or aggressive behaviors
- Shows signs of substance use
- Expresses suicidal thoughts or behaviors
- Struggles with eating disorders
- Runs away
- Declines academically, emotionally, or psychologically

## **What Residential Care Provides**

Residential facilities offer structure, safety, and protection for children who are not safe at home or in traditional settings. Programs may last several months — or longer — depending on the severity of the diagnosis.

## **Treatment typically includes:**

- Individual therapy
- Family involvement
- A coordinated medical team
- Age-appropriate academic instruction

The goal is always stabilization and, when possible, a safe return home.

Article by  
**Dee Jones, President  
Light 2 World, Inc**

DeeJones1.wordpress.com  
FB: @DeeJonesMinistry  
410-459-5060  
DeeJones.org

**Resources:**  
[www.nami.org](http://www.nami.org)  
[kids-teens-and-young-adults/](#)  
[kids-and-parents/](#)  
[residential-treatment](#)



## **You Don't Have to Face This Alone**

If you are considering residential care, seek support. This can be a long journey, but help is available.

Your faith community can provide prayer, encouragement, and shared experience. Some churches offer support groups or resource networks. At our church, we strengthen one another through prayer and by sharing information.

## **Two important reminders:**

- Seek professional consultation
- Do thorough research

Reliable information can be found through your child's school, medical providers, or reputable organizations such as Kennedy Krieger Institute or Maryland.gov.

## **Ask facilities about national accreditation through organizations such as:**

- Commission on Accreditation of Rehabilitation Facilities (CARF)
- Joint Commission on Accreditation of Healthcare Organizations (JCAHO)

Visit the facility if possible, and speak with other families. Be aware that some programs may have waiting lists or offer Intensive Outpatient Programs.

Do your homework as you seek the best care for your child. There is hope—and there is help.



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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Tyler Simonds, Edward Jones, Member SIPC

## Putting Your Aging Parents' Wishes First



**As your parents grow older, it may be time to talk with them about financial and aging issues, which may involve difficult conversations.** You'll want to be careful how you approach this. Mention ahead of time that you'd like to talk to them about their future plans and reassure them that you want to understand their wishes, so their affairs will be taken care of as they would like.

If your parents are agreeable, choose a comfortable location and ask whom to invite (or not invite). Then, think about how to open the conversation, preferably not with what they want to do with their money, as this could be interpreted as your seeking information about your inheritance or being skeptical about their financial decisions. Instead, build a broader discussion about their vision for their aging years. A series of shorter conversations may allow you to cover topics more comfortably rather than trying to solve everything at once.

### Try to address these areas:

- **Health care** – Seek to learn whether your parents have established appropriate health-related legal documents such as a health care power of attorney, which gives someone the authority to make decisions about their medical care if they become unable, and a living will, which spells out the extraordinary medical treatments they may or may not want.

- **Independence** – As people age, they may begin to lose their independence. Have your parents considered options for long-term care, such as an assisted living community, a nursing home or a home health aide? If they plan to receive support from family members, do your parents' expectations match yours?

- **Financial goals** – Focusing on the personal and financial aspects of the legacy your parents want to leave can be a valuable conversation. Have they updated their will or other estate documents, such as a living trust? Have they created a durable power of attorney for a trusted family member to make financial decisions for them if they become incapacitated? Do they have the proper beneficiary designations on their



insurance policies, retirement plan and bank accounts? If you position these issues around your parents having control over transferring their assets, rather than curiosity over "who will get what," you'll more likely have a productive conversation.

- **Last wishes** – You'll want to learn whether your parents have instructions in their will about their funerals and last wishes. Express that you or another close family member should know who is responsible for making sure their wishes are met in a timely fashion.

Money, independence and aging can be sensitive topics. You don't have to go it alone, though — enlist help from another close family member. Or, if your parents work with an attorney, financial professional or other trusted advisor, consider asking if they're interested in having them participate in your talks. You might even be able to introduce your parents to one of your advisors.

In any case, keep talking. These conversations can be challenging, but if handled correctly can be of great benefit to your parents and your entire family.

## UNDERSTANDING THE BASICS OF VEIN DISEASE: A GUIDE FOR MILITARY VETERANS

Call (302) 690-0933 or visit [delawareadvancedveincenter.com](http://delawareadvancedveincenter.com)

Many military veterans spend years on their feet—standing watch, carrying heavy gear, marching long distances, or sitting for extended periods during transport and deployment. These demands can take a toll on the circulatory system, particularly the veins in the legs. One often overlooked condition is **chronic venous insufficiency**.

Venous insufficiency occurs when the veins in the legs struggle to return blood to the heart. Normally, one-way valves keep blood moving upward against gravity. When those valves weaken or become damaged, blood pools in the lower legs, increasing pressure and causing symptoms that interfere with daily life.

**Common signs** include leg swelling (especially around the ankles), aching or heaviness, throbbing, cramping, itching, skin discoloration, and visible varicose veins. Symptoms often worsen after long periods of standing or sitting. In advanced cases, skin breakdown or slow-healing venous ulcers may develop near the ankles.

While vein disease is often hereditary, **risk factors** especially relevant to veterans include prolonged standing or sitting, prior leg injuries, surgeries, blast trauma, obesity, smoking, blood clots, and aging.

The good news: venous insufficiency is treatable—especially when caught early. Conservative care may include walking regularly, elevating the legs, maintaining a healthy weight, and avoiding long periods of immobility. If symptoms persist, **minimally invasive** outpatient procedures can close or repair damaged veins with little downtime and significant improvement in comfort and mobility.

Delaware Advanced Vein Center, an IAC-accredited clinic, treats patients from Delaware, Maryland, Pennsylvania, and New Jersey. They offer free phone screenings to determine whether treatment may be right for you.

Veterans should not dismiss leg symptoms as “just aging” or “part of the job.” Venous insufficiency is a legitimate medical condition and is typically covered by insurance. If you’re experiencing symptoms, Dr. Anthony Alfieri and the team at Delaware Advanced Vein Center can help.

**DELAWARE ADVANCED  
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# Clean Eating 101: Simple Ways to Clean Up Your Eating Habits



If complicated diet rules and trendy detoxes feel overwhelming, you're not alone. Clean eating doesn't have to be extreme. At its core, it simply means choosing whole, minimally processed foods and building habits you can maintain long term.

- Clean eating focuses on:
  - Whole, real foods
  - Minimal processing
  - Balanced meals
  - Fewer artificial ingredients

*It's about progress— not perfection.*

## 1. Choose Whole Foods First

Prioritize foods in their natural state:

- Fruits and vegetables
- Whole grains (ex. brown rice, oats)
- Lean proteins (ex. chicken, fish, eggs)
- Nuts, seeds, healthy fats (ex. olive oil)

If it grew from the ground or has one ingredient, it's usually a solid choice.

## 2. Read Ingredient Labels

Shorter ingredient lists are generally better. Watch for:

- Added sugars
- Artificial colors or flavors
- Hydrogenated oils
- Long lists of additives

You don't need to memorize every ingredient — just choose products with recognizable components.

## 3. Reduce Added Sugar

Sugar hides in flavored yogurt, granola bars, sauces, cereals, and coffee drinks. Try:

- Choosing unsweetened options
- Sweetening with fruit
- Gradually reducing sugar in drinks

Small changes add up.

## 4. Build Balanced Plates

Aim for meals that include:

- Protein
- Fiber-rich carbohydrates
- Healthy fats

Balanced meals support steady energy and reduce overeating later.

## 5. Cook More at Home

Cooking at home gives you control over ingredients, portions, and cooking methods. Start simple — sheet-pan meals, salads, stir-fries, or slow cooker recipes.

## 6. Hydrate Well

Swap sugary drinks for water, sparkling water, or unsweetened beverages. Proper hydration supports energy, digestion, and appetite control.

## 7. Make Gradual Changes

Clean eating is a lifestyle, not a short-term diet. Make small, sustainable changes and focus on progress, not perfection.

Whether you need healthcare, housing support, employment guidance, or help filing benefits, the resources below are available to Delaware veterans at little or no cost. Keep this page – or share it with another veteran.

## BENEFITS & CLAIMS ASSISTANCE

### **Delaware Office of Veterans Services (OVS)**

Statewide assistance with VA claims, disability compensation, pensions, survivor benefits, burial benefits, and state programs.

- 802 Silver Lake Blvd., Suite 100, Dover, DE 19904
- (302) 739-2792
- Toll-Free (in-state): (800) 344-9900
- vets.delaware.gov

**Why call:** Free accredited Veterans Service Officers help prepare and file claims correctly the first time.

### **Disabled American Veterans (DAV) – Wilmington**

Free advocacy and VA claims representation.

- 1601 Kirkwood Hwy, Room 27, Wilmington, DE 19805
- (302) 993-7258
- dav.org

**Why call:** Assistance with appeals and denied claims.

## HEALTHCARE & MENTAL HEALTH

### **VA Wilmington Healthcare System**

Full-service VA medical facility serving Delaware veterans.

- 1601 Kirkwood Hwy, Wilmington, DE 19805
- (302) 357-8715
- va.gov/wilmington-health-care

Services include primary care, specialty services, women's health, PTSD treatment, substance recovery support, and telehealth.

### **Wilmington Vet Center**

Community-based, confidential counseling separate from hospital settings.

- 2710 Centerville Rd., Suite 103, Wilmington, DE 19808
- (800) 698-2411
- va.gov/wilmington-vet-center

Offers individual and group counseling, family services, and support for combat veterans and survivors of military sexual trauma.

### **24/7 Crisis Support**

- Dial 988 and press 1
- Text 838255
- veteranscrisisline.net

Free, confidential support anytime.

## HOUSING & FINANCIAL ASSISTANCE

### **Supportive Services for Veteran Families (SSVF)**

Temporary rent, utility, and housing stabilization assistance.

- New Castle County: 302-250-5868
- Kent County: 302-518-5338
- Sussex County: 302-332-0913

Call early if facing eviction or financial hardship.

### **Delaware Veterans Trust Fund**

Emergency grants for housing, utilities, medical, or educational expenses.

- (302) 739-2792
- delawareveteranstrustfund.com

### **Veterans Outreach Program – People's Place**

Case management, transportation assistance, and referrals.

- 1129 Airport Rd., Milford, DE 19963
- (302) 236-5301
- peoplesplace2.com

# Veteran Resource Guide

## EMPLOYMENT & CAREER TRANSITION

### Delaware Department of Labor – Veterans Services

Resume support, job placement, interview preparation, priority service.

- (302) 761-8000
- [labor.delaware.gov/veterans](http://labor.delaware.gov/veterans)

Disabled Veterans' Outreach specialists provide one-on-one employment guidance.

### Military OneSource

Transition counseling, financial planning, career and education support.

- (800) 342-9647
- [militaryonesource.mil](http://militaryonesource.mil)

## EDUCATION SUPPORT

### VA Benefits Hotline

Questions about GI Bill®, disability compensation, or other federal benefits.

- 1-800-827-1000
- [va.gov](http://va.gov)

### Delaware Technical Community College – Veterans Resource Centers

Academic advising and VA benefit assistance for student veterans.

- [dtcc.edu/student-resources/veterans-services](http://dtcc.edu/student-resources/veterans-services)

### Need Help Deciding Where to Start?

Contact Veterans Outreach Ministries.

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As a true one-stop shop, **THE GARAGE** provides comprehensive maintenance and repair services, from routine inspections and diagnostics to complex mechanical work. The team also specializes in vehicle customization, including lift kits, suspension upgrades, and performance enhancements – allowing customers to personalize their vehicles while maintaining safety and reliability.

Customer experience is central to everything they do. The team prioritizes clear communication, transparent pricing, and honest guidance, ensuring customers fully understand recommended services with no surprises. This commitment to integrity has built long-term relationships and lasting trust within the community.

The modern, welcoming facility sets **THE GARAGE** apart from the traditional repair shop. From the clean environment and knowledgeable staff to the shop's well-known fish, customers are greeted with professionalism and a stress-free atmosphere from the moment they arrive.

Equipped with advanced diagnostic technology and ongoing technician training, **THE GARAGE** ensures today's complex vehicles are repaired accurately and efficiently. Their dedication to excellence has earned recognition as Cecil County's number one auto repair shop for multiple consecutive years.



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**Address: 1920 W Pulaski Hwy,  
Elkton, MD 21921**

Locally owned by Jeff and Jen Celeste, proud Cecil County residents, **THE GARAGE** was founded with a vision to raise the standard of honesty and transparency in the automotive industry. With strong community roots and a family-first mindset, they continue to deliver reliable service, clear communication, and care customers can trust.



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# DELAWARE & MARYLAND HISTORY

## THE C&D CANAL

### ***1920s to 1970s: Expansion and Modernization...***

By 1919, the federal government purchased the canal for \$2.5 million and formally designated it part of the Intracoastal Waterway linking the Delaware River to the Chesapeake Bay. Over the next several decades, the Chesapeake & Delaware Canal would undergo major transformation to accommodate the rapid growth of commercial shipping.

Responsibility for operating and improving the canal was assigned to the U.S. Army Corps of Engineers. In the mid-1920s, work began to relocate the eastern entrance several miles south to Reedy Point, Delaware. Most of the original locks were removed, and the canal was converted to a sea-level waterway. By 1927, the “new” canal opened to great celebration, reflecting a modernized vision for American commerce.

As ships grew larger and heavier, the channel required further deepening and widening. Between 1935 and 1938, improvements expanded the canal to 27 feet deep and 250 feet wide. A federal navigation channel was also extended into the Upper Chesapeake Bay, improving access for larger vessels traveling between major ports.

Despite modernization, challenges remained. Increasing ship traffic led to accidents and congestion, particularly at bridge crossings. Between 1938 and 1950, multiple bridge collisions highlighted the need for safer, higher spans. Congress authorized additional expansion in 1954,

ultimately widening the channel to 450 feet and deepening it to 35 feet. These improvements, completed in the mid-1970s, allowed the canal to safely accommodate modern commercial vessels.

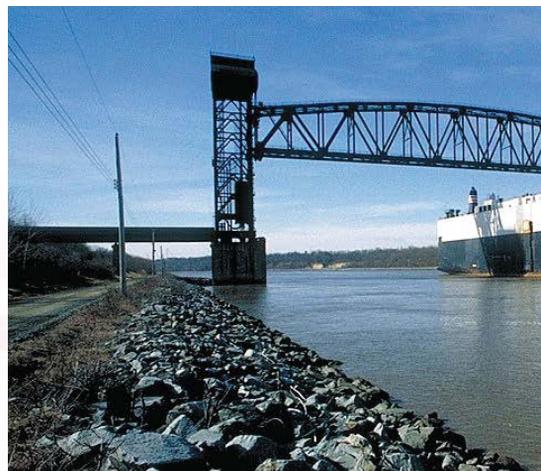
New high-level bridges replaced earlier lift spans at key crossings, including Summit and Reedy Point. In 1966, a new railroad lift bridge was completed to support freight movement across the canal.

By the late 1960s, advancing technology began replacing traditional canal patrol boats with centralized monitoring systems. Radar, radio communication, and closed-circuit television modernized canal operations. In November 1968, patrol boat operations were officially retired, marking the end of an era and the beginning of a more technologically advanced system.

Through decades of expansion and innovation, the C&D Canal evolved from a modest 19th-century waterway into one of the nation’s most strategically important commercial shipping routes.

### ***Post-1970s: A Modern Maritime Gateway...***

Today, the Chesapeake & Delaware Canal stands as a fully modernized, sea-level commercial waterway and a vital northern maritime gateway to the Port of Baltimore. Electronically monitored and professionally managed, it remains one of the most



strategically important shipping corridors in the Mid-Atlantic region.

Since 1933, the U.S. Army Corps of Engineers' Philadelphia District has overseen canal and bridge operations from Chesapeake City, Maryland. Commercial cargo ships, tankers, container vessels—including Seawaymax-class ships—along with tug-guided barges and recreational boats create a steady flow of traffic. Advanced fiber-optic systems, radar, radio communications, and closed-circuit monitoring allow dispatchers to safely and efficiently guide vessels through the waterway.

Navigating the canal requires significant maritime skill. Strong currents, narrow margins, and changing weather conditions demand experienced leadership. For vessels engaged in foreign trade, a United States Coast Guard-certified pilot is required during transit. Typically, a Delaware River and Bay pilot boards near Lewes, Delaware, guiding the ship into the canal at Chesapeake City, where a Maryland pilot assumes control for the journey south toward Baltimore or Annapolis. For eastbound vessels, the process is reversed, with pilot transfers taking place while ships remain underway.

From mule-drawn barges to radar-guided commercial giants, the C&D Canal has continually evolved to meet the demands of commerce. More than two centuries after its conception, it remains a powerful example of American engineering, adaptability, and maritime strength.



Chesapeake & Delaware  
Canal Lift Bridge



# DAYS TO DISPLAY THE AMERICAN FLAG

## Holidays to Display Flag

### March – May 2026 Issue

- National Vietnam War Veterans Day – March 29
- Palm Sunday – March 29
- Good Friday – April 3
- Easter Sunday – April 5
- Army Day – April 6
- National Former POW Recognition Day – April 9
- National Fallen Firefighters Memorial Service – May 3 (1/2 staff until sunset)
- Mother's Day – May 10
- Women's Army Corp Founded – May 14, 1942
- Peace Officers Memorial Day – May 15
- Armed Forces Day – May 16
- Memorial Day – May 25 (1/2 staff until noon)

## Non-Flag Display Days

- Asiatic Fleet Memorial Day – March 1
- Purim Begins (at sundown) – March 2
- "Star Spangled Banner" Made U.S. National Anthem – March 3, 1931
- Daylight Saving Time Begins – March 8 (set clocks ahead one hour)
- Girl Scouts of the U.S.A. Founded – March 12, 1912
- St. Patrick's Day – March 17
- Iraq War Began – March 19, 2003
- Spring Begins – March 20
- Kosovo Campaign Began – March 24, 1999
- April Fool's Day – April 1
- Passover Begins (at sundown) – April 1
- Persian Gulf War Official Cease Fire – April 11, 1991
- Orthodox Easter – April 12
- Income Tax Day – April 15
- Earth Day – April 22
- Administrative Professionals Day – April 22
- Arbor Day – April 24
- Law/Loyalty Day – May 1
- National Nurses Day – May 6
- National Day of Prayer – May 7
- Unconditional Surrender of all German Forces Signed (VE Day) – May 7, 1945
- Military Spouse Appreciation Day – May 8
- Victoria Day (Canada) – May 18
- National Maritime Day – May 22

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