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Summer Issue 2026 • America 250

Veteran's Outreach Ministries

# VOM

magazine



**FREE**

*Honoring 250 Years of Service & Sacrifice*

# WELCOME *from the* Board of Directors

Welcome to the Summer 2026 edition of the Veterans Outreach Ministries (VOM) News Magazine. As our nation prepares to celebrate America's 250th anniversary, this issue reflects on the history, service, faith, and community spirit that continue to unite us.

Summer offers an opportunity to slow down, reconnect, and appreciate the many blessings surrounding us — family, friendship, freedom, and fellowship. Throughout this issue, we highlight stories that celebrate local history, veteran experiences, wellness, and the organizations working to strengthen our communities every day.

Scripture reminds us in Psalm 46:1, "God is our refuge and strength, a very present help in trouble." Through every season, faith continues to guide and encourage us, reminding us that we are never alone in our struggles or our service to others.

We extend our continued prayers and gratitude to the brave men and women serving in our Armed Forces, our veterans, first responders, and the families who support them. Your sacrifice and dedication continue to inspire communities across our region and nation.

Thank you for supporting Veterans Outreach Ministries and our mission of uplifting veterans and their families through faith, encouragement, and connection. We hope this summer season brings peace, renewal, and hope to you and your loved ones.



[VeteransOutreachMinistries.org](http://VeteransOutreachMinistries.org)

Veterans Outreach Ministries was incorporated in Delaware in July 2014 by veterans to serve as a resource and support system for veterans and their families.

*VOM is a 501(c)(3) nonprofit organization and continues to expand its outreach into Maryland and Pennsylvania.*

We are currently seeking volunteers to assist with this growth. If you are interested in getting involved, contact: 610-299-5523 or [johnh.vom@gmail.com](mailto:johnh.vom@gmail.com)

A graphic titled '2026 DISTINGUISHED PARTNERS' with a 'DIAMOND' badge. It lists several partners: PolarStar Engineering & Machine, CHEP, Great Wolf Lodge, Grocery Outlet Bargain Market, AIRE SERV Heating & Air Conditioning, and Chick-fil-A. The partners are arranged in a grid with color-coded backgrounds: blue for Diamond, yellow for Gold, and grey for Silver.

**2026**  
**DISTINGUISHED PARTNERS**

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bargain market

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**Want to Contribute to the Summer 2026 Issue? Contact Tom Hogate by the May 15, 2026 Deadline at: [ThomasHogate@gmail.com](mailto:ThomasHogate@gmail.com)**

**Thank You VOM Advertisers!**

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f in p ig



**Cashew Cranberry Energy Balls Recipe**

*A sweet and satisfying no-bake snack with a little crunch and a hint of ginger.*

**TOTAL TIME:** 30 mins + chilling

**SERVINGS:** 16

**INGREDIENTS:**

- 1 cup old fashioned oats
- 3 tbsp roasted, salted cashews, lightly chopped
- 3 tbsp dried cranberries
- ½ tsp ground ginger
- ½ tsp salt
- ½ cup creamy peanut butter, room temperature
- ¼ cup honey

**INSTRUCTIONS:**

1. In a medium bowl, combine oats, cashews, cranberries, ginger, and salt. Stir to mix.
2. Add peanut butter and honey and mix thoroughly until well combined.
3. Cover and refrigerate for 20-30 minutes, or until the mixture is easy to handle.
4. Shape into 1-inch balls.
5. Store tightly covered in the refrigerator for up to 3 days.

**TIP:** For longer storage, place energy balls in a single layer in a freezer-safe container. Freeze for up to 1 month. Thaw completely in the refrigerator before serving.



# JOIN US IN OUR MISSION TO EMPOWER HOMELESS VETERANS!

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# VOM & COMMUNITY EVENTS JUNE–AUGUST 2026

VeteransOutreachMinistries.org for Full Event Details

- June 18 - VOM Meeting starting at 6pm** - All welcome!  
Board of Directors meeting to be held before regular VOM meeting  
Glasgow Baptist Church, 3021 County Line Rd, Newark, DE
- June 21 - *Happy Father's Day!* This day honors fatherhood.**
- June 21 - Father's Day Brunch at Elkton Moose Lodge 851**  
71 Cherry Street, Elkton MD 21921. Hours TBD
- June 25 - Veterans Roundtable Discussion 10:30am-1:30pm**  
Elkton Moose Lodge 851 at 71 Cherry Street, Elkton MD 21921
- July 4 - *Happy Independence Day! America's 250th Celebration!!***
- July 9 - 21st annual Middletown Chamber of Commerce Golf Tournament**  
Odessa National Golf Club register at [mccdde.com/events](http://mccdde.com/events)
- July 16 - VOM Meeting starting at 6pm** - All welcome!  
Board of Directors meeting to be held before regular VOM meeting  
Glasgow Baptist Church, 3021 County Line Rd, Newark, DE
- August 1 - Classic Car Show at Elkton Moose Lodge 851**  
71 Cherry Street, Elkton MD 21921. Hours TBD
- August 13 - VOM Meeting starting at 6pm** - All welcome!  
Board of Directors meeting to be held before regular VOM meeting  
Glasgow Baptist Church, 3021 County Line Rd, Newark, DE
- August 15 - Veterans Thank You Brunch at Port Deposit VFW 8185**  
9:00am to 12:30pm. Info: [VeteransOutreachMinistries.org](http://VeteransOutreachMinistries.org)  
520 Susquehanna Road, Port Deposit, MD 21904



**2026 • AMERICA 250**  
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Article by Meredith S. K. Boas  
 Writer, Artist & Former Delaware City Resident

## America 250: Fort Delaware and the Stories Along the River

***As America prepares to celebrate its 250th anniversary in 2026, communities across the country are reflecting on the places that helped shape the nation's story. Along the Delaware River, few places capture that sense of history quite like Fort Delaware and the town of Delaware City.***

For generations of Delaware families, visiting Fort Delaware has been more than a history lesson — it has been a tradition. Long before modern safety railings and guided pathways were added, children explored the massive stone walls, hidden passageways, tunnels, and open grounds with a sense of freedom and adventure that made the fort feel larger than life.

### ***A Fortress on the Delaware...***

Located on Pea Patch Island, Fort Delaware was originally constructed in the mid-1800s as part of the nation's coastal defense system. During the Civil War, the fort became one of the largest Union prisoner-of-war camps in the country, holding thousands of Confederate prisoners along the Delaware River.

Accessible only by ferry, the journey to the island has long been part of the experience. Crossing the river toward the towering stone fort offers visitors a glimpse into another era — one shaped by military service, sacrifice, and American history.

Today, Fort Delaware State Park serves as a living history destination where reenactors, historical demonstrations, and educational programs help bring the past to life for new generations.

### ***Delaware City and the Canal...***

Just across the river, Delaware City remains closely tied to the history of both Fort Delaware and the Chesapeake & Delaware Canal. The nearby C&D Canal transformed the region into one of the Mid-Atlantic's most important transportation corridors, linking the Delaware River to the Chesapeake Bay.

For many local residents, memories of the area are deeply personal — watching ships move through the canal, exploring the waterfront, or spending summer afternoons learning pieces of history without even realizing it at the time.

### ***America 250 and Local Legacy...***

As the nation approaches America 250, places like Fort Delaware stands as a reminder of resilience and sacrifice and that American history is not only found in textbooks or monuments. It lives in local communities, family traditions, and the landmarks that generations have explored together.

***Photo: Fort Delaware State Park***



# Special Music Therapy

## Do you have a bucket list of dreams?

It is good to dream; sometimes they even come true. I experienced a dream come true! My dream was to sing a duet with my favorite singer, Jon Gibson. That day came true at my wedding renewal ceremony. The Army Veteran graced us with his Stevie Wonder-like vocals and gave a message of hope to my guests and others.

A highlight of this event was serenading our nation's Veterans with oldies and original songs by Mr. Gibson. What a beautiful week we had sharing the gift of music with others. Whether you are a disabled Veteran or a child with disabilities, music has numerous benefits for the mind, body, and soul. **It is called Music Therapy.**

*This evidence-based practice “employs musical interventions” in the clinical setting to achieve therapeutic goals. Numerous benefits are documented in medical and psychiatric journals.*

### Benefits include:

- Enhanced communication for autistic children and adults with learning disabilities.
- Improved social skills.
- Emotional regulation such as reduced anxiety and meltdowns.

Music is used in community living centers for the elderly as well as psychiatric treatment for mental health. Music is used in my home for our son with disabilities; it aides focus when completing schoolwork, and helps calm him before bedtime.

### There are various types of Music Therapy.

Receptive Music Therapy promotes relaxation and focus. Active Music Therapy uses instruments and rhythmic motion to enhance fine and gross motor skill development. Songwriting facilitates emotional expression and experiences

Article by  
Dee Jones, President  
Light 2 World, Inc

DeeJones1.wordpress.com  
FB: @DeeJonesMinistry  
410-459-5060  
DeeJones.org

**Resources:**  
[www.buildingblockstherapy.org/  
blog/how-music-therapy-  
benefits-children-with-autism-  
and-special-needs](http://www.buildingblockstherapy.org/blog/how-music-therapy-benefits-children-with-autism-and-special-needs)



through creativity which can be verbal and non-verbal. Group Therapy in Music promotes teamwork and social interaction in school and community settings like church.

## Music therapy marries scientific research and creative interpretation as a means to heal the mind and soul.

God used this powerful tool in Zephaniah 3:17 to comfort his people. We are advised to do the same as David did in 1 Samuel 16. Music fights battles and heals our bodies. Jon's music was used in my home to help our child heal from nasal surgery several years ago. Yet, I never thought it would be a catalyst for my hopes and dreams.

Years later, we would meet Mr. Gibson and enjoy music and healing across numerous settings: a wedding ceremony, a meal, a car ride, and with our Veterans.

Mr. Gibson used songs such as “What’s Goin On” by Marvin Gaye and his original melody “Have a Talk with God” to sooth our souls and lift our spirits at two Veteran Facilities. We used “Mime” and Lights for the children, and it was magical!

## Whatever your hopes and dreams may be, let music infiltrate those spaces.

Sing, write, and play instruments, as it says in Psalms 150 “praise the Lord with trumpet, harps, lyres, and more. It's good for your soul and even dreams.



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You can reach Tyler at 410-398-4214

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Tyler Simonds, Edward Jones, Member SIPC

## Saving for Retirement: Are You Guessing or Planning?



**Let's say you dream of spending your retirement mornings on a warm beach, coffee in hand, waves rolling in. To get there, you had a simple plan: save \$1 million and buy the beach house you always wanted....**

But when retirement arrives, reality hits. After accounting for keeping your current home, everyday expenses and health care, \$1 million doesn't stretch as far as you thought, and the beach house remains a dream. The problem wasn't your discipline - it was that your number was never really your number. It was arbitrary, not anchored to what your ideal retirement would actually cost.

**How can you make sure your retirement number is right for you?**

A solid savings goal starts with a clear picture of the retirement you want. Think through where you plan to live, whether you'll keep your current home or downsize, how much you plan to travel, if you'll help children and grandchildren financially and what health care might cost you later in life. Build a realistic monthly budget, then multiply by 12 months to find your annual need. Adjust this amount for inflation until the first year of retirement.

Then, multiply that figure by 25 to get a sense of how much may be needed to save. It's a formula based on the idea of withdrawing 4% annually from your savings, assuming you retire in your mid-60s. If you need \$60,000 a year, your target is around \$1.5 million. You may need more or less depending on your lifestyle, health, unexpected expenses, Social Security benefits and other income.

No single rate or strategy will work for everyone. A financial advisor can help you determine your number and strategy.

Once you know your target, the path forward becomes clearer. Here are a few tips for next steps:

**Start early.** The sooner you begin saving, the more time compound interest has to work in your favor. Small amounts set aside automatically each paycheck have the opportunity to grow significantly.

**Live below your means.** Spending less than you earn is one of the most powerful wealth-building habits. When your income rises, save and invest the difference instead of upgrading your lifestyle.



**Keep your debt under control.** Since credit cards and other high-interest debt can slow your progress, pay off balances monthly when possible.

**Invest consistently.** If your employer offers a 401(k), aim to contribute at least 10%-15% of your salary, and increase your contributions after every raise. If you max out your 401(k), a traditional IRA or Roth IRA may offer additional tax-advantaged growth (eligibility and limits apply).

**Boost your income when you can.** Develop new skills, ask for a raise or explore a side income. Every extra dollar saved moves you closer to your goal.

**The difference between a retirement you love and one full of compromises often comes down to the planning you do today. Know your real number, build a solid plan and get the right help along the way.**

## SUMMER SURVIVAL GUIDE for Varicose Veins and Other Vein Issues

Call (302) 690-0933 or visit [delawareadvancedveincenter.com](http://delawareadvancedveincenter.com)

Managing venous insufficiency and other vein-related diseases can be particularly challenging during the summer, when heat and humidity can make symptoms worse. Warm weather causes blood vessels to dilate, making it harder for blood to flow efficiently back to the heart, which can cause more painful varicose veins or more visible spider veins, plus increased swelling, discomfort, and fatigue in the legs.

### TIP 1: KEEP MOVING

One of the most effective ways to manage symptoms during summer is to stay active, avoiding long periods of sitting or standing. Low-impact exercises like walking, swimming, or biking promote healthy circulation and help prevent blood from pooling in the legs, ankles, and feet. Swimming offers the added benefit of water pressure, which naturally supports vein function.

### TIP 2: HYDRATE

Hydration is another critical factor. Drinking plenty of water helps maintain blood volume and prevents it from becoming too thick, which can strain the circulatory system. In contrast, drinking excessive alcohol or caffeine can cause dehydration, so exercise moderation at the coffee shop and happy hour.

### TIP 3: COMPRESSION GARMENTS

Compression stockings can be helpful, but less comfortable in hot weather. However, lightweight, breathable options are available and can significantly reduce swelling and discomfort. Wearing them

during the cooler parts of the day can improve tolerance.

### TIP 4: ELEVATE

Elevating your legs regularly is also beneficial. Try taking short breaks throughout the day to raise your legs above your heart. This helps reduce swelling and encourages proper blood flow which is especially important after long periods of travel or outdoor activity.

### TIP 5: DRESS FOR (VEIN) SUCCESS

Clothing can make a difference as well. Loose, breathable fabrics help prevent overheating and allow for better circulation, while tight clothing around the waist or legs can restrict blood flow and worsen symptoms.

### TIP 6: KEEP IT SHADY

Sun exposure should be managed carefully. Excessive heat can aggravate vein issues, so seeking shade, using cooling measures, and avoiding peak sun hours can help minimize discomfort. Cool showers or applying cold compresses may provide relief from swelling and heaviness.

### TIP 7: CALL IN THE PROS

If you're suffering from vein conditions, the best advice is to see a vein specialist. Vein disease can be treated with painless, minimally invasive procedures that may be covered by your insurance.

***Delaware Advanced Vein Center is the state's largest certified vein clinic and can help you effectively manage venous insufficiency and related conditions all year long.***



Article by Rebecca Hummer, RYT  
Owner of Pura Vida Yoga & Physical Training

# The Science of Burnout – and How to Recover



Modern life often celebrates hustle culture, productivity, and constant achievement. But beneath the pressure to always perform lies a growing mental health crisis affecting millions of people worldwide: burnout.

Burnout is more than simply feeling tired after a long week. It is a state of emotional, physical, and mental exhaustion caused by prolonged stress, often linked to work, caregiving, or overwhelming life demands. Left unchecked, burnout can impact relationships, career performance, physical health, and overall quality of life.

*Understanding the science behind burnout is the first step toward recovery.*

## What Exactly Is Burnout?

Psychologists define burnout as chronic stress that has not been successfully managed. Rather than appearing suddenly, it develops gradually over time.

*Researchers commonly identify three major signs of burnout:*

- **Emotional exhaustion:** feeling drained, overwhelmed, and unable to cope
- **Detachment or cynicism:** becoming emotionally distant from work, responsibilities, or relationships
- **Reduced effectiveness:** struggling to concentrate, stay motivated, or feel accomplished

Burnout can happen to anyone, from professionals and healthcare workers to parents, students, and entrepreneurs.

## The Brain and Body Under Stress

When stress becomes chronic, the body remains in a near-constant state of alert. The nervous system releases stress hormones like cortisol and adrenaline to help us respond to pressure. While these hormones are useful in short bursts, prolonged exposure can negatively affect both the brain and body.

*Over time, chronic stress may contribute to:*

- Sleep disturbances



- Anxiety and depression
- High blood pressure
- Digestive problems
- Memory and concentration difficulties
- Weakened immune function

Researchers have found that ongoing stress can also affect areas of the brain responsible for emotional regulation, decision-making, and focus. This helps explain why burnout often leaves people feeling emotionally numb, forgetful, or mentally foggy.

## How to Recover

Recovery from burnout requires intentional change rather than a quick fix.

*Helpful strategies include:*

- Prioritizing quality sleep and rest
- Setting healthy personal and work boundaries
- Staying physically active
- Practicing mindfulness or relaxation techniques
- Spending time with supportive friends and family
- Making time for hobbies and activities that bring joy

Most importantly, remember that your value is not determined solely by productivity. In a world that rarely slows down, protecting your mental well-being through balance, rest, and self-care is essential for long-term health and happiness.

FEMALE  
VETERAN  
of the Quarter

Staff Sgt.  
Brooke Rogers

**Staff Sgt. Brooke Rogers**, stationed at Aviano Air Base in Italy, serves as a Public Affairs Command Informant NCOIC and Mass Communications Specialist. In her role, she helps counter adversarial threats within the information warfare environment while also building public trust and serving as a key voice for command leadership.

Since graduating from basic training in 2020, her six years of active-duty service have taken her across the globe – from Peterson Space Force Base in Colorado, to Kunsan Air Base in South Korea, and now to Aviano Air Base in Italy. Between assignments in Korea and Italy, Brooke married her husband, Charlie, an Air Force firefighter veteran. The couple plans to remain in Italy through 2027 and hopes to eventually return stateside with an East Coast assignment closer to family.

In November 2025, Brooke had the unique honor of giving her retired Air Force father, Christopher Wise, a tour of the 56th Rescue Squadron. She later wrote an article about his visit for DVIDSHUB.NET titled *Returning with Honor: MSgt Wise Revisits His Rescue Roots*.



Most recently, Brooke supported operations during Cold Response 26 in Norway, where multiple rescue squadrons trained alongside allied forces in Arctic conditions. The exercise demonstrated the military's ability to rapidly deploy, integrate with international partners, and execute personnel recovery operations in complex environments.

**We're Seeking New Board Members for our Delaware Branch**

**FOR INFO, PLEASE VISIT:**  
[VeteransOutreachMinistries.org](https://VeteransOutreachMinistries.org)  
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## VETERAN of the Quarter

*Christopher Wise,  
MSgt USAF (Ret.)*

**Christopher Wise, MSgt USAF (Ret.)**, joined the United States Air Force in 1985 out of Smyrna, Delaware, and served with distinction as a Special Mission Aviator until his retirement in 2005.

Early in his career, he was selected as one of the first five Airman Basics chosen to transition directly from high school into flight engineer school — a pioneering path that reflected the evolving future of the specialty. Over the course of his twenty-year military career, Wise logged more than 6,000 rotary-wing flight hours aboard the HH-3E, MH-60G, MH-53J, V-22, and UH-1N aircraft.

Throughout his service, his crews were credited with saving more than 75 lives during both search-and-rescue and combat SAR missions. While assigned to the 1st Helicopter Squadron at Joint Base Andrews, Maryland, he participated in the squadron's first operational mission in over 50 years following the attacks of September 11, 2001. In the critical days that followed, his unit helped transport essential government officials out of harm's way — a defining moment not only in his own career, but in the history of the United States Air Force. (Staff Sgt. Brooke Rogers)

Following his military retirement, Chris continued his commitment to service through consulting work focused on life safety and force protection. As a program manager with the Joint Personnel Recovery



Agency (JPRA), he evaluated technologies designed to support personnel recovery operations and improve the wellbeing of deployed service members and their families.

Today, while still working with JPRA, Chris enjoys a quieter life at home on his 17-acre horse farm in Townsend, Delaware, with his wife, Elena. Together they share four children, three grandchildren, five horses, a dog, and a cat. He is also an active member of the Masonic Lodge, Nur Shrine Temple, Whitehall Neck Sportsman's Club, and Dutch Neck Sportsman's Club, and currently serves as President of Reins of Honor.



### Did You Know?

Delaware was the first state  
to ratify the U.S. Constitution  
on December 7, 1787.

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# BUSINESS *of the Quarter*



**DECOY**  
BOOKSTORE

***Decoy Bookstore is a locally-owned bookstore in North East, MD selling new books, puzzles, games, arts & crafts kits, fresh flower bouquets and more!***

We focus on nature-based books to reflect our location at the top of the Chesapeake Bay but carry fiction and non-fiction books for all ages. Our logo was born out of a desire to reflect our hunting heritage in our family and in our gorgeous, waterfront location. With five local rivers, numerous ponds, and the Susquehanna Flats, an important part of the Atlantic Flyway, bird-hunting is of particular importance in our area.

We started Decoy Bookstore in May 2025 as a pop-up store and attended 24 events throughout Cecil County in 2025. We opened our brick-and-mortar location inside West Street Village on Main Street in North East on March 7, 2026—it has been called "the tiniest bookstore in the world"! We have been very well-received by the community and we recently celebrated our first Independent Bookstore Day with discounts, giveaways, and a collaboration with the Dolly Parton Imagination Library of Cecil County, with whom we have a successful working relationship.

It's more important than ever to visit and support local bookshops, but sometimes you have to shop online. When you do, please support us by buying from our shop on Bookshop.org. Bookshop.org offers millions of titles delivered directly to your home in 2-3 days. It's a new, fun, frustration-free way to discover and buy books and ebooks that financially supports local bookshops like us. We've also partnered with Libro.fm to make it possible for you to buy audiobooks directly through our bookstore. Browse the catalog of over 500,000 audiobooks, including New York Times best sellers—each purchase or membership helps support our store!



**[Website: decoybookstore.com](https://www.decoybookstore.com)**

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When our community supports us, we are better able to give back. In the last year, we have contributed to many worthy causes in the area, from environmental education to mental health awareness, and recently sponsored the St. Mary Anne's Annual Garden Market for the second time. We love to support our community, fellow small businesses, and causes near and dear to us; the support of customers like you makes that possible!

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# DELAWARE & MARYLAND HISTORY

## THE C&D CANAL

### Crossings, Landmarks & Legacy...

The Chesapeake & Delaware Canal, commonly known as the C&D Canal, is not only one of the busiest commercial waterways in the Mid-Atlantic region — it is also home to several important bridges, landmarks, and historic sites that connect communities throughout Maryland and Delaware.

Stretching approximately 14 miles from the Delaware River to the Chesapeake Bay, the canal serves as a critical transportation corridor for both maritime commerce and everyday travel. Over the years, a number of major crossings have been constructed to allow vehicles and rail traffic to safely pass above the busy shipping channel.

Today, some of the canal's most recognized crossings include the Chesapeake City Bridge in Maryland, the Summit Bridge near Middletown, the Senator William V. Roth Jr. Bridge carrying Delaware Route 1, the historic St. Georges Bridge carrying U.S. Route 13, and the Reedy Point Bridge near Delaware City. Rail traffic also crosses the canal by way of the Chesapeake & Delaware Canal Lift Bridge near Kirkwood, Delaware.

These crossings have become familiar landmarks for generations of local residents and travelers while also supporting the steady movement of commerce throughout the region.

### Historic Landmarks Along the Canal...

The canal area is also home to the historic **C&D Canal Museum** in Chesapeake City, Maryland. Operated by the U.S. Army Corps of Engineers, the museum is housed inside the original canal pumphouse and features exhibits highlighting the canal's construction, engineering, and continued operation. Visitors can learn about the history of the waterway while viewing modern ship traffic traveling through the canal.

Just a short walk from the museum stands a full-sized replica of the historic **Bethel Bridge Lighthouse**, which once helped guide vessels navigating the canal before major modernization efforts transformed the waterway into a sea-level canal in 1927.

Today, the C&D Canal remains both an engineering achievement and an enduring symbol of the region's maritime history. More than two centuries after its conception, the canal continues to connect waterways, industries, and communities while serving as one of the nation's most strategically important shipping routes.



Photo: C&D Canal Museum

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# DAYS TO DISPLAY THE AMERICAN FLAG

## Holidays to Display Flag

June – August 2026 Summer Issue

- Flag Day – June 14
- US Army Founded – June 14, 1775
- Father's Day – June 21
- Independence Day – July 4
- National Korean War Veterans Armistice Day – July 27
- Korean War Armistice Signed – July 27, 1953

## Non-Flag Display Days

- D-Day Allied Invasion of Europe – June 6, 1944
- Juneteenth National Independence Day – June 19
- Summer Begins – June 20
- Pledge of Allegiance Recognized by Congress – June 22, 1942
- G.I. Bill signed into law – June 22, 1944
- Korean War Began – June 25, 1950
- National Post Traumatic Stress Awareness Day – June 27
- Post-9/11 G.I. Bill Signed into Law – June 30
- U.S. Air Corps Established – July 2, 1926
- World War 1 Began – July 28, 1914
- U.S Coast Guard Established – August 4, 1790
- Purple Heart Medal Established – August 7, 1782
- National Navajo Code Talkers Day – August 14
- National Airborne Day – August 16
- National Aviation Day – August 19

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